

PRATHIRODHANA-Prevention of Sexual Harassment Cell

Annual Report for the Year 2018-19

A meeting was conducted on 5/6/2018 to make plan for the conduction of events under Prevention of Sexual Harassment Cell for the year 2018-19. The meeting was conducted in Principal's chamber and all the members of PSHC were present.

Events conducted under PSHC in 2018-19 are as follows:

1. Sketching Event

The Prevention of Sexual Harassment Cell (PSHC)) conducted a sketching event on **“Woman is a Power-Stop Abusing Her”** on 17/9/2018 at Sapthagiri College of Engineering (SCE) for the girl students of Sapthagiri College of Engineering. This event was managed by the PSHC Convener Prof. Prerana Chaithra. The girl students from all departments attended the event and also actively participated in collage.

2. Mission Sahasi

The Prevention of Sexual Harassment Cell (PSHC) in association with Women Empowerment Cell and NSS Unit of SCE organized a 3-days Self Defence training programme for girl students of Sapthagiri College of Engineering from October 22, 2018 to October 24, 2018 in the college campus. This event under the name “Mission Sahasi” was conducted for the girl students to safe guard themselves whenever they are in threats. The event was managed by the NSS co-ordinator Dr. Tulsidas D and the PSHC Convener Prof. Prerana Chaithra. The training was given by the expert trainers from The Martial Arts Trust (R).



Expert Trainers from The Martial Arts Trust (R) giving Self Defence Training to the girl students of SCE

3. A Self Defence Program for girl students and lady faculty with gender equity

The Prevention of Sexual Harassment Cell in association with Women Empowerment Cell conducted Self Defence training programme for girl students and Lady faculties of Sapthagiri College of Engineering on 8-3-2019 in association with Bangalore Mirror.. Dr. M.G. Prasad from Zen Sports who is an International Karate Champion and Karate Coach was the trainer for self defence. This event was managed by the PSHC Convener Prof. Prerana Chaithra.

As there are lot of harassment cases and threats ladies as to face in their daily life, whether it is at workplace or while travelling or crowded areas. Dr. Prasad trained the girl students and lady faculties and staff in self defence techniques and gave tips to them as to how to protect themselves. This programme was to empower women against harassment.

4.



Students practicing the Self Defence Techniques



PSHC Convener Prof. Prerana Chaithra along with the Trainer Dr. M.G. Prasad and the Bangalore Mirror Team

5. A seminar on To be a role model - No gender discrimination and not to be sexual pervert

The Prevention of Sexual Harassment Cell conducted a Seminar on “**To be a role model - No gender discrimination and not to be sexual pervert**” by Smt. T.V. Lalithamma, International Athlete, Educationist, Dramatist and Socialist on April 17, 2019 at Sapthagiri College of Engineering for the girl students and Lady faculties and staff of Sapthagiri College of Engineering. This event was managed by the PSHC Convener Prof. Prerana Chaithra. Smt. T.V. Lalithamma was felicitated for her contribution to the society through the field of sports, education and social services thus enabling to have a better society.

This seminar was organised to educate ladies about their rights, opportunities to determine their choices in order to have a better life and to help in establishing a better society. Smt. T.V. Lalithamma motivated the ladies and girls to be a role model to the society and to built a wonderful and prosperous society where all men, women and children can lead a peaceful and prosperous life.

7.



Lighting of the Lamp by the International Athlete T.V. Lalithamma, Administrative Officer Dr. Nagabhushana K R, Doctor Udaya Shankar & PSHC Convener Prof. Prerana Chaithra

6. A seminar on prevention of sexual abuse and harassment irrespective of genders- Don't be silent

The Prevention of Sexual Harassment Cell conducted a Seminar on “**Sexual Abuse & harassment irrespective of genders: Don't be Silent**” by Dr. Udaya Shankar, department of Forensic & Toxicology, SIMSR&C, Bangalore on 17-4-2019 at Sapthagiri College of Engineering for the girl students and Lady faculties and staff of Sapthagiri College of Engineering. This event was managed by the PSHC Convener Prof. Prerana Chaithra. Dr. Udaya Shankar gave insight to the various sexual harassments. He motivated the girls and women not to get fight against these evils.

This seminar was organised to educate ladies about their rights, opportunities to determine their choices in order to have a better life and to help in establishing a

better society. Dr. Udaya Shankar discussed about various laws that protect women and as to how to report such incidents to doctors and police.

7.



Doctor Udaya Shankar, International Athlete T.V. Lalithamma, Administrative Officer Dr. Nagabhushana K R, &PSHC Convener Prof. Prerana Chaithra



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