



Sapthagiri College of Engineering

(Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi)

#14/5, Chikkasandra, Hesaraghatta Main Road, Bengaluru – 560057

Phone:080-28372800/1/2

www.sapthagiri.edu.in

Fax: 080-28372797

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Note : Each year file contains the documents in the following order

Document 1: List of Committee members sent by the Principal

Document 2: SOP

Document 3: SPP/Action Plan

Document 4: Annual Report

Document 5: Meeting Notice Sample

Document 6: Minutes of Meeting Sample

PARIVARTHANA

STUDENTS COUNSELLING COMMITTEE

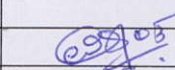

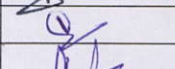
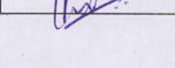
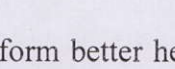
NOTIFICATION

Date: 22/8/2014

This is to notify that the college management has decided to constitute student counseling committee

Students Counselling Committee – “Parivarthana”

Following persons are hereby nominated as the members of student counseling committee

Sl. No.	Name	Designation	Role	Signature
1.	PrashanthKumar.H.P	Assistant Professor	Convener	
2.	Rekha S N	Associate Professor	Member	
3.	Bindu M G	Assistant Professor	Member	
4.	Roopa K P	Assistant Professor	Member	
5.	Ramya.R	Assistant Professor	Member	

Objective:

Now a days it is common that the students are in tremendous stress to perform better hence many students may be stressed because of this and may be disillusioned. Hence the committee is formed to address such students and give to identify the stressed students and counsel them.

Roles & Responsibilities

- The committee should be in constant touch with the Proctors and arrange the consultants
- The Committee should inform opinion of the consultant to the Proctors who inturn should inform to the Parents/Guardians
- Meeting shall be conducted at least twice in a semester and report should be submitted to the Principal & IQAC

Wishing all the best,


Principal
Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

PARIVARTHANA STUDENTS COUNSELING COMMITTEE

Standard Operating Procedure

Formation of the Committee:

The committee will be consisting of minimum six members from the various departments who are at the faculty level. Professor/Associate Professor level faculty will act as Convener of the Committee. Principal will be the Chairman of the Committee. The Committee will be constituted by the Principal at the beginning of each academic year and function for that academic year.

Functioning of the Committee:

1. The committee identifies one male and one female counselors from Sapthagiri Institute of Medical Science & Research Centre, Bangalore.
2. The Students can approach the Committee in following ways.
 - a. Through Proctors
 - b. Suggestion Boxes kept in the Campus.
 - c. Through e-mail written to Principal/Proctor/HODs/Class Teachers
3. If the Mentor/Proctor/Class Teacher/Faculty handling the Subjects feels that the student needs counseling, they can refer it to the committee
4. Soon after receiving the Complaint/Problem, the Committee approaches the Counselors and arranges the Counseling in the Counseling Room at Academic Block.
5. If needed the Counselors refer the students for more detailed checkups.
6. The Parents will be informed through the proctors
7. The identity of the Students undergoing treatment will be kept confidential.

At the end of each semester, a detailed report will be prepared and submitted to IQAC



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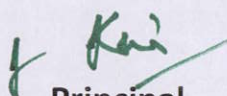
Students Counseling Committee - Parivarthana

Strategic Perspective Plan for Year 2014 15

Sl. No.	Chronology	Plan	Description	Strategy	Funds/Budget	Remarks
1	22-08-2014	To identify Counselors	To identify the Counselors from SIMS & RC	To conduct a meeting to request Principal to write a letter to SIMS&RC to identify Counselors and to plan the number of events for the year 2014-15	Refreshments	
2	19-Sep-14	To organize an event	To create awareness among the Student Community Pick and Speak event is organized	The topic for the event will be notified one week before the event		
3	10-Oct-14	To conduct an event	To create awareness among the student community, it is planned to conduct an event "Factors Contributing mental health"	To arrange the resource person from SIMS & RC	Refreshments for the Guest	
4	12-Dec-14	Odd Semester Report	To prepare odd semester Report	To prepare a report on no students counselled during this semester		
5	13-Mar-15	To conduct an event	To create awareness among the student community, it is planned to conduct an event "Alcoholic abuse"	An event is organized by SCC for 1st Year students	Refreshments for participants	
6	10-Apr-15	To conduct an Workshop	"To conduct an Workshop on Student Counselling Skills"	To address the counsellors	Refreshment for resource person &	

7	22-May-15	Final report	To prepare final report of the Students Counseling Committee and submit to IQAC	To prepare a report on no students counselled during this year and to suggest the improvisation required for the coming year		
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Convener


Principal

Principal
Sapthagiri College of Engineering
14/6, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

ANNUAL REPORT (2014-15)

“Parivarthana”

Student counseling committee

Student counseling committee-Parivarthana formed under the Chairmanship of Principal, Strategic plan is prepared on 22/08/2014. As per the strategic plan the following members are identified as student counselors.

Sl. No.	Name	Department
1	Dr. Sharanabasappa	Psychiatry Dept., S MS&RC, Bangalore
2	Dr. Varsha	Psychiatry Dept., S MS&RC, Bangalore

Event 1: pick and speak event.

The “pick and speak” event was successfully organized by Sapthagiri College of engineering, in association with Student Counseling committee on 19/09/2014 in seminar hall, Faraday block, SCE. I year students participated in the event from all the department. The convener of Student counseling committee Prof. Prashanth Kumar. presided the event.. The event lasted for about one hour with the students for the topics like Drug abuse, Substance abuse, Yoga for stress management etc, The event was an attempt to instill a sense of spontaneity in the students, and helps them overcome their Inhibitions about public speaking.



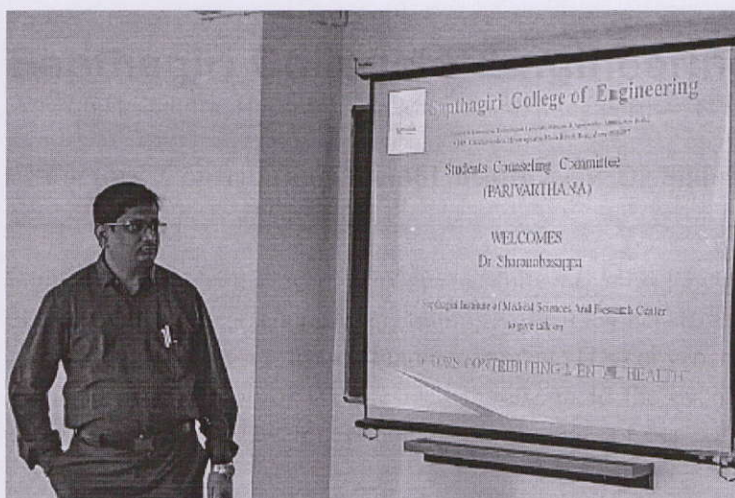
Students participated in pick and speak event

Sapthagiri College of Engineering

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Event 2: Talk on "Factors Contributing mental health" by Dr. Sharanabasappa, SIMS &RC, Bangalore

The "Factors Contributing mental health" event was successfully organized by Sapthagiri College of engineering, in association with student counseling committee on October 10th 2014 in the college premises. students participated in the event, from all the department. The convener of student counseling committee Prof. Prashanth Kumar., Dept. of BT presided the event. In the event, the resource person enlightened the students by creating the awareness among the students of our college about the factors contributing mental health.



Dr. Sharanabasappa, SIMS &RC, Bangalore, delivered talk on Factors Contributing mental health



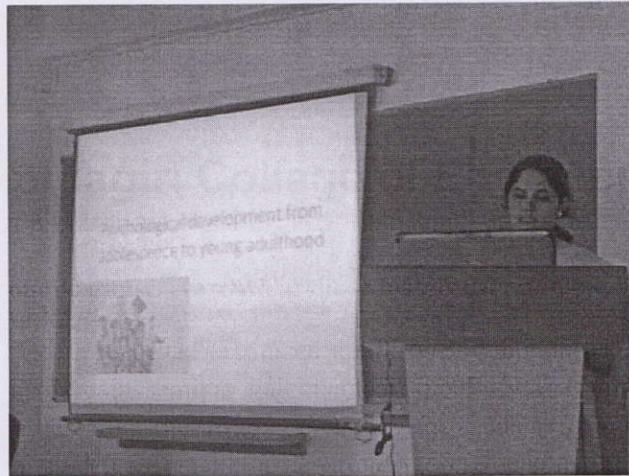
Students participated in talk delivered by Dr. Sharanabasappa

Sapthagiri College of Engineering

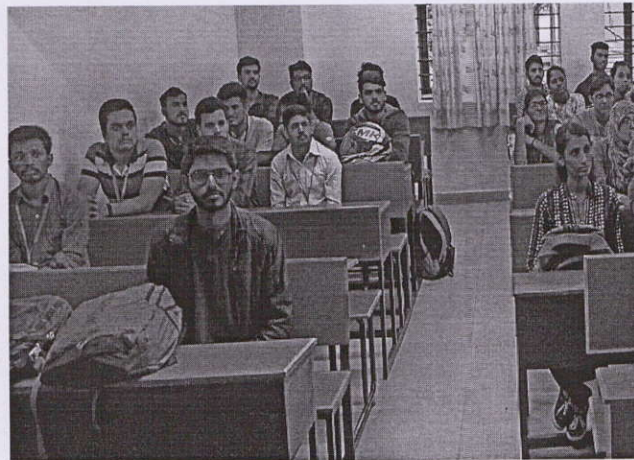
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Event 3: Talk on "Alcoholic abuse" by Dr. Varsha, SIMS & RC, Bangalore

The Student Counselling Committee had organized a talk on "Alcoholic abuse" on 13-3-2015 by Dr. Varsha, SIMS & RC, Bangalore in seminar hall, Faraday block, SCE Campus.. The resource person enlightened the students by creating the awareness among the students of our college about Alcoholic abuse. Around 20 first year students from all the departments were benefitted from this event.



Dr. Varsha, SIMS & RC, Bangalore, delivered talk on Alcoholic abuse

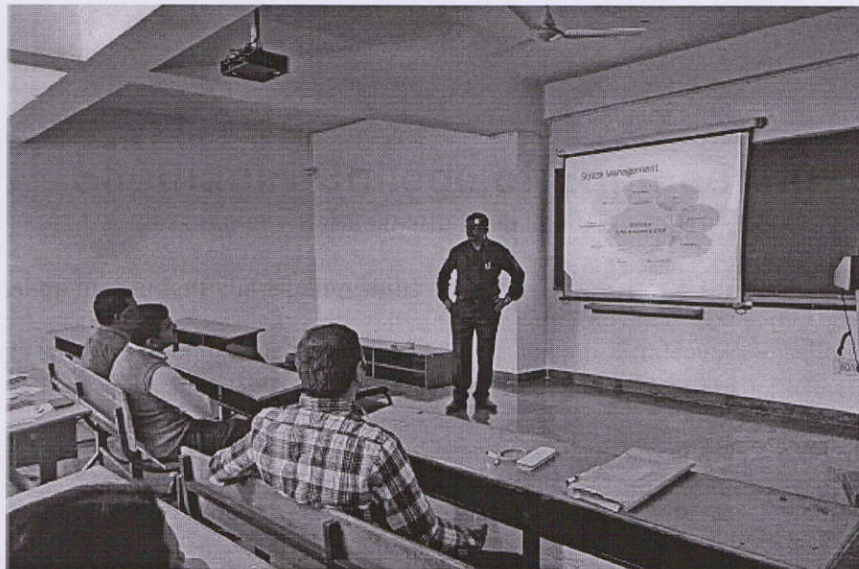


Students participated in talk delivered by Dr. Varsha

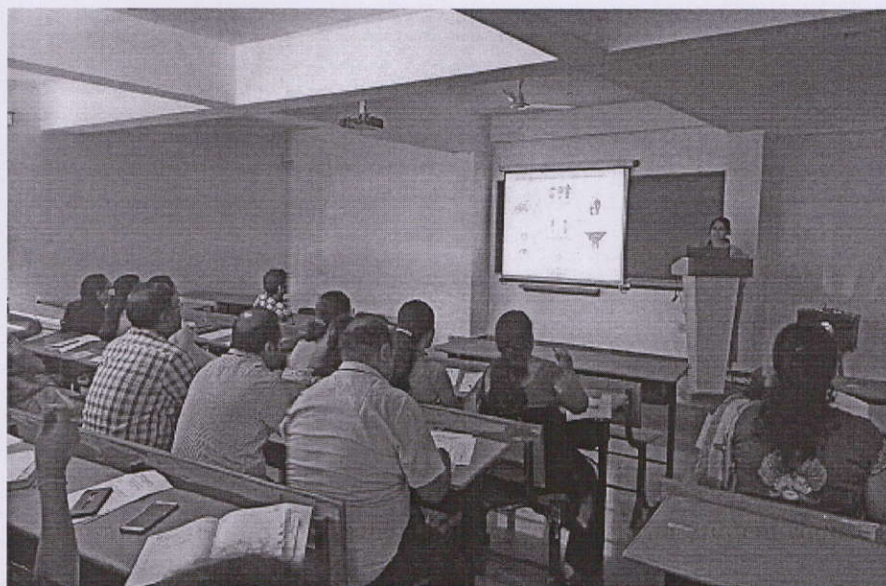
Event 4: Workshop on Student counselling skills

The Student Counselling Committee had organized a workshop on "Students Counselling skills" on 10-4-2015 by Dr. Sharanabasappa and Dr. Varsha, SIMS & RC, Bangalore in ALH 306, SCE Campus.

Counsellors use counselling skills to help them better understand and listen to clients. Through active **listening**, rapport is built, trust forms and the speaker feels heard and understood by the counsellor or listener.



Dr. Sharanabasappa, SIMS & RC, Bangalore, delivered talk on Student counselling skills



Dr. Varsha, SIMS & RC, Bangalore, delivered talk on Student counselling skills



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Participants of SCE faculties


CONVENER


PRINCIPAL

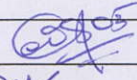
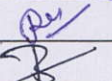
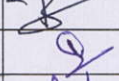


Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

Students Counselling Committee – “Parivarthana”

MEETING NOTICE

Date: 10/9/2014


This is to inform that a meeting of student counseling committee, Sapthagiri College of Engineering has been called on 15/9/2014 at Principal's office to discuss about the following agenda

Sl. No.	Name	Designation	Role	Signature
1.	Prashanth Kumar.H.P	Assistant Professor	Convener	
2.	Rekha S N	Associate Professor	Member	
3.	Bindu M G	Assistant Professor	Member	
4.	Roopa K P	Assistant Professor	Member	
5.	Ramya.R	Assistant Professor	Member	

Agenda

- To finalize student counselors
- To discuss about strategic plans
- Conduction of events per semester

If any other matter related to student counselling committee


Convener


Principal

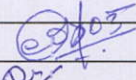




Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

Students Counselling Committee – “Parivarthana”

MINUTES OF THE MEETING

Date:15/9/2014

A meeting of student counseling committee held at the Principal's Office to discuss the following agenda in presence of the following members.

Sl. No.	Name	Designation	Role	Signature
1.	Prashanth Kumar.H.P	Assistant Professor	Convener	
2.	Rekha S N	Associate Professor	Member	
3.	Bimdu M G	Assistant Professor	Member	
4.	Roopa K P	Assistant Professor	Member	
5.	Ramya.R	Assistant Professor	Member	

The meeting has been started with welcome speech by Principal. The following resolutions were made

Agenda 1

Resolution

- Prof. Prashanth Kumar H P has been assigned to draft the strategic plan of the committee

Agenda 2

Resolution

- SIMS principal assigned the following student counselor for the academic year 2014-15
 - Dr. Sharanabasappa --- Psychiatrist
 - Dr. Varsha --- Psychiatrist

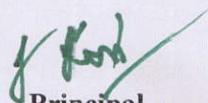
Agenda 3

Resolution

- The following events are decided to conduct
 - Pick and Speak
 - Alcoholic Abuse
- Conduct student counseling training for faculty members

The meeting was concluded with the vote of thanks by the convener


Convener


Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

STUDENT COUNSELING COMMITTEE PARIVARTHANA

NOTIFICATION

Date: 30 July 2015

This is to notify that the college management has decided to constitute

Student counseling committee - Parivarthana

Following persons are here by nominated as the members of student counseling committee - Parivarthana

NAME	DESIGNATION	ROLE	DEPT
Dr.Aswatha kumar	Principal	Chairman	Principal
Rekha S.N.	Associate Professor	Convener	E&EE
Gayathri R.	Assistant Professor	Member	IS&E
Bindu M.G.	Assistant Professor	Member	MATHS
Prathibha P.	Assistant Professor	Member	E&CE
Shilpa V.	Assistant Professor	Member	E&CE

OBJECTIVE:

Now a days, it is common that the students are in tremendous stress to perform better, because of this students may be disillusioned .Hence the committee is formed to counsel such students.

ROLES AND RESPONSIBILITIES

- The committee should be in constant touch with the Proctors and arrange the consultants.
- The committee should inform opinion of the consultant to the Proctors who in turn should inform to the Parents/Guardians.
- Meeting shall be conducted at least twice in a semester and report should be submitted to the Principal and IQAC.

Wishing all the best

Copy to

1. All members
2. Office of IQAC


Principal

Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057



Sapthagiri College of Engineering

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STUDENTS COUNSELING COMMITTEE (PARIVARTHANA)

Standard Operating Procedure (SOP)

Formation of the Committee:

The committee will be consisting of minimum six members from the various departments who are at the faculty level. Professor/Associate Professor level faculty will act as Convener of the Committee. Principal will be the Chairman of the Committee. The Committee will be constituted by the Principal at the beginning of each academic year and function for that academic year.

Functioning of the Committee:

1. The committee identifies one male and one female counselor from Sapthagiri Institute of Medical Science & Research Centre, Bangalore.
2. The Students can approach the Committee in following ways.
 - a. Through Proctors
 - b. Suggestion Boxes kept in the Campus.
 - c. Through e-mail written to Principal/Proctor/HODs/Class Teachers.
3. If the Mentor/Proctor/Class Teacher/Faculty handling the Subjects feels that the student needs counseling, they can refer it to the committee
4. Soon after receiving the Complaint/Problem, the Committee approaches the Counselors and arranges the Counseling in the Counseling Room at Academic Block.
5. If needed the Counselors refer the students for more detailed checkups.
6. The Parents will be informed through the proctors
7. The identity of the Students undergoing treatment will be kept confidential.

At the end of each semester, a detailed report will be prepared and submitted to IQAC



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Students Counseling Committee - Parivarthana

Strategic Perspective Plan for Year 2015-16

Sl. No.	Chronology	Plan	Description	Strategy	Funds/Budget	Remarks
1	Aug 19 2015	To Identify Counselors	Identify and assign faculties as student counselors to counsel the needy students	To conduct a meeting to identify Counselors and to plan the number of events for the year 2015-16	Refreshment for committee members.	
2	Sept 22, 2015	To organize an event	To create awareness among the student community, it is planned to arrange a talk on "Alcoholic abuse" by Dr. Varsha, Professor, department of psychiatry, Sapthagiri Institute of medical sciences and Research centre, Bangalore.	To address the I year students	Refreshment for resource person	
3	Nov 4, 2015	To conduct an event	To create awareness among the Student Community essay writing on "The influence of mobile on students" will be arranged.	An event is organized by SCC for I Year students	Refreshments for participants	
4	March 5, 2016	To conduct an event	To create awareness among the Student Community it is planned to arrange pick and speak event.	An event is organized by SCC for I Year students	Refreshments for participants	

5	April 23, 2016	To arrange a talk	To create positive relationships with others a talk on "psychology of well being " will be arranged by Dr.Sharanabasappa , SIMS and RC Bangalore.	To address the I year students	Refreshment for resource person	
6	May 27, 2016	Final report	To prepare final report of the Students Counseling Committee and submit to IQAC	To prepare a report on number of students counselled during this year and to suggest the improvisation required for the coming year	Refreshment for committee members.	


Convener


Principal

Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesarghatta Main Road
Bengaluru - 560 057

ANNUAL REPORT (2015-16)

"Parivarthana"

Student counseling committee

Student counseling committee-Parivarthana formed under the Chairmanship of Principal, Strategic plan is prepared on 19/08/2015.

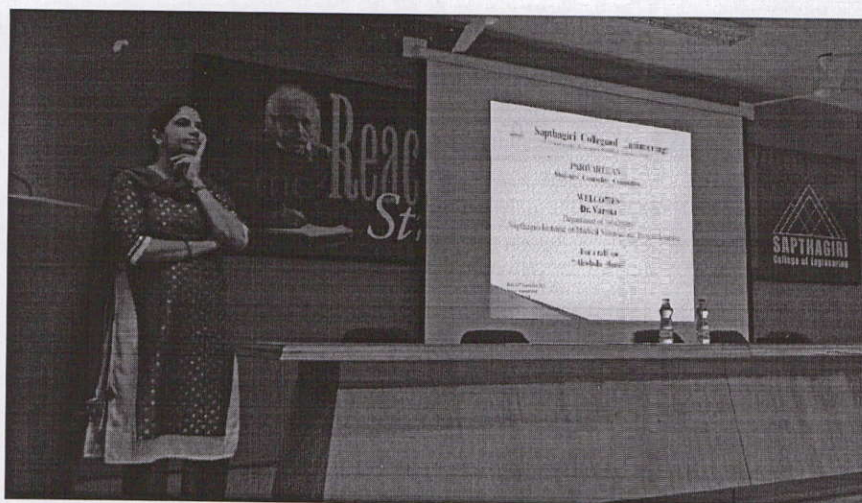
As per the strategic plan the following members are identified as student counselors.

Name	Department
Prof. Sowmya C	Biotechnology
Prof. Latha A.	Computer Science & Engineering
Prof. Sudha.M.S.	Electronics & Communication Engineering
Prof. Rekha S.N.	Electricals & Electronics Engineering
Prof. Padmanabha G.	Mechanical Engineering

Event 1: Talk on "Alcoholic abuse" by Dr. Varsha , Professor, department of psychiatry, Sapthagiri Institute of medical sciences and Research centre Bangalore .

The Student Counselling Committee had organized a talk on "Alcoholic abuse" on 22-09-2015 by Dr. Dr. Varsha , Professor, department of psychiatry, Sapthagiri Institute of medical sciences and Research centre, Bangalore in seminar hall, Faraday block, SCE Campus.. The resource person enlightened the students by creating the awareness among the students of our college about Alcoholic abuse. Around 75 first year students from all the departments were benefited from this event.

Few glimpses of Program:



Dr. Varsha delivering talk on Alcoholic abuse .

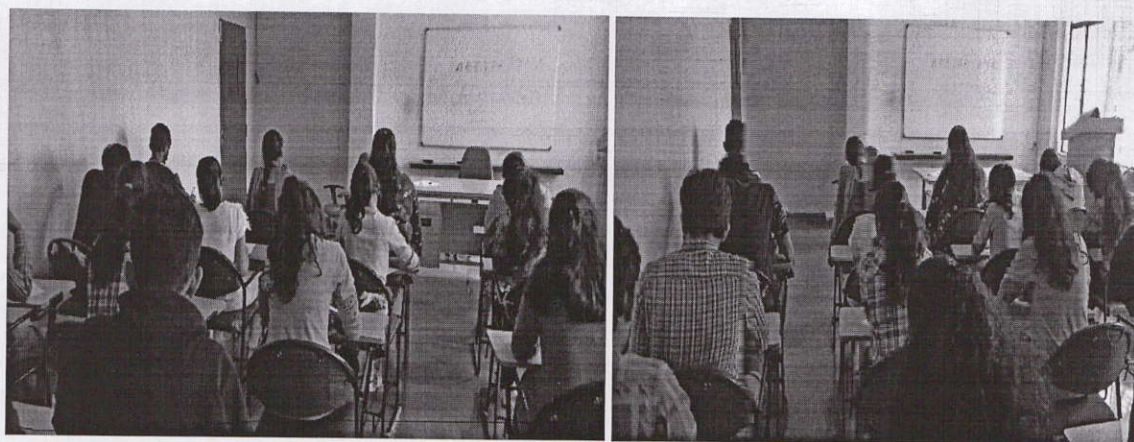


Audience for the event

Event 2: Essay writing on "The influence of mobile on students" .

The "Essay writing "event was successfully organized by Sapthagiri College of engineering, in association with student counseling committee on 04th November 2015 in ALIB 205. 15 students participated in the event, from all the department. The convener of student counseling committee Prof. Rekha S.N., Dept. of EEE presided the event. In the event, students are proposed to write an essay on "The influence of mobile phone on students" for an hour.

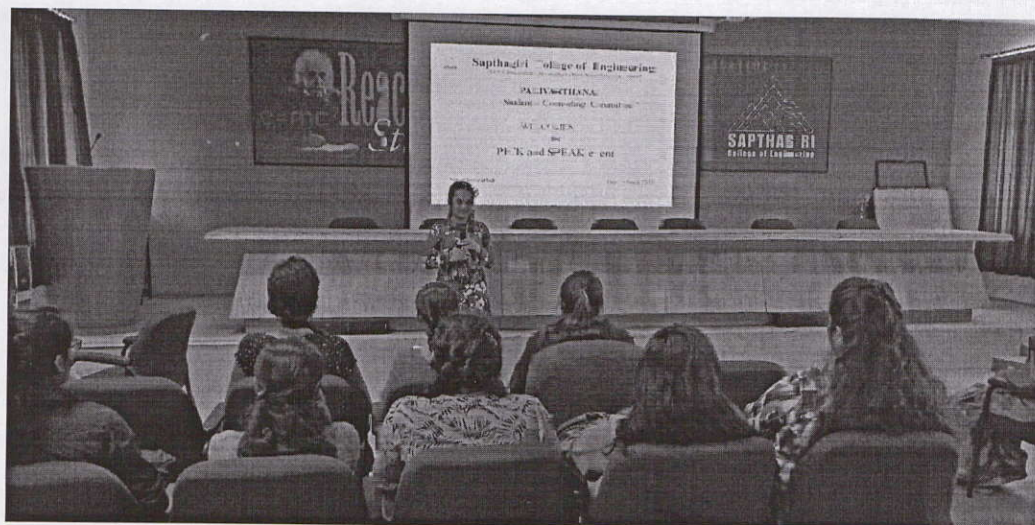
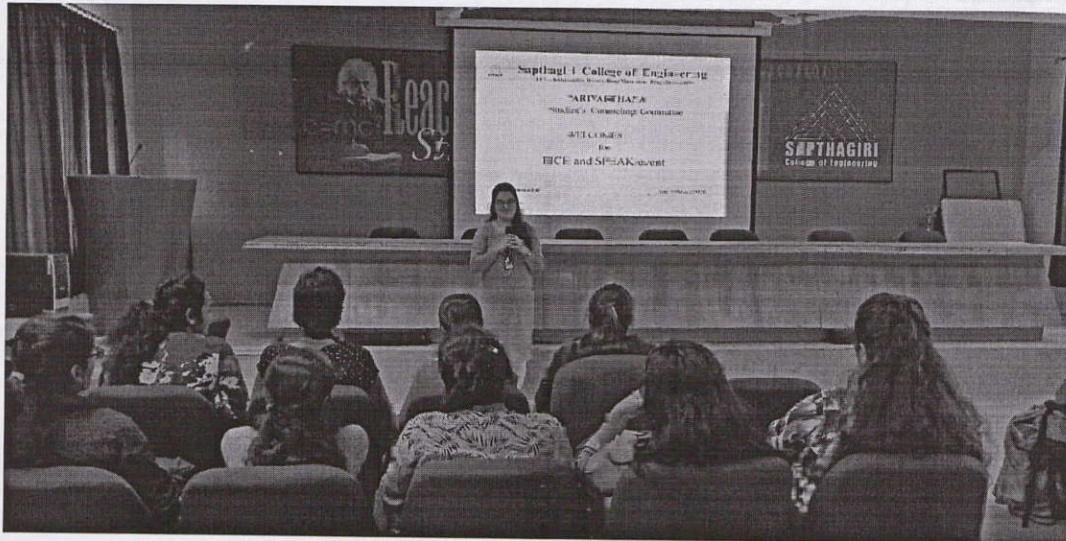
Few glimpse of the event:



Event 3: Pick and speak event.

The "pick and speak "event was successfully organized by Sapthagiri College of engineering, in association with Student Counseling committee on 05/03/2016 in seminar hall ,Faraday block, SCE. 20 students participated in the event from all the department. The convener of Student counseling committee Prof. Rekha S.N. presided the event. The event lasted for about one hour with the students for the topics

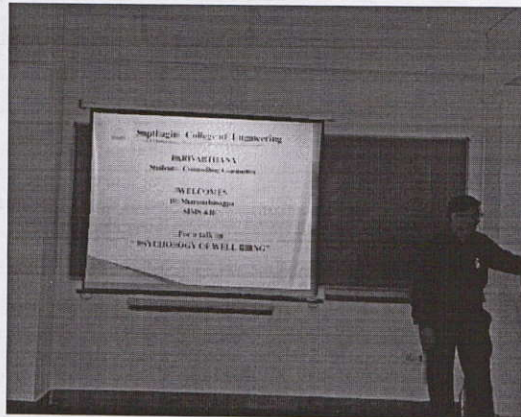
like best childhood memory, about me, Study strategies, My best friend, The dangers of drugs, The dangers of smoking, The dangers of alcohol etc, The event was an attempt to instill a sense of spontaneity in the students, and helps them overcome their Inhibitions about public speaking.



Students participating in pick and speak event

Event 4: A talk on "Psychology of well being," by Dr. Sharanabasappa SIMS and RC Bangalore.

The Student Counseling Committee had organized a talk on "Psychology of well being" on 23-04-2016 by Dr. Sharanabasappa SIMS and RC, Bangalore, in ALH306 Academic block. On this occasion Prof. Rekha S.N., Convener, Student counseling committee addressed the students about the program. Around 70 first year students from all the departments were benefitted from this event.

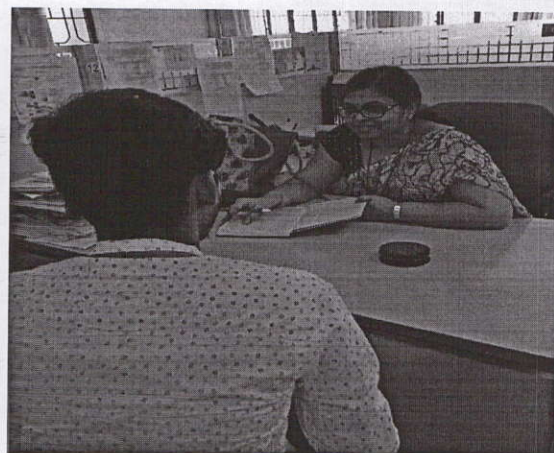
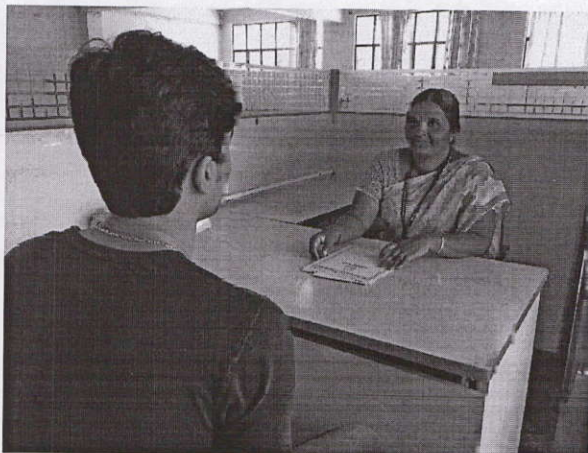


Dr. Sharanabasappa delivering talk on Psychology of well being



Audience for the event

14 students were counseled during 2015-16 based on the proctor's feedback and students were satisfied. We are proud to say that we strictly adhere to the strategic perspective plan of 2015-16.



Faculty counseling students

Convener

Principal

Sapthagiri College of Engineering
14/5, Chikkasandra, Hesarghatta Main Road
Bengaluru - 560 057


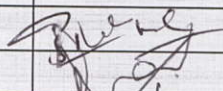
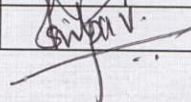
STUDENT COUNSELING COMMITTEE

PARIVARTHANA

MEETING NOTICE

Date: 18th August 2015

This is to inform that a meeting of Student counseling committee -Parivarthana, Sapthagiri College of Engineering has been called on 19th August 2015 Wednesday at Principal's office to discuss about the following agenda at 3.00 PM

NAME	DESIGNATION	ROLE	SIGNATURE
Rekha S.N.	Associate Professor	Convener	
Gayathri R.	Assistant Professor	Member	
Bindu M.G	Assistant Professor	Member	
Prathibha P.	Assistant Professor	Member	
Shilpa V.	Assistant Professor	Member	

Agenda

1. Approval of strategic plan.
2. To finalize the student counselors.
3. To discuss about the conduction of events for the semester.
4. Miscellaneous subject with the permission of the Chairperson

Convener 

Principal 

Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057


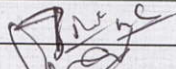
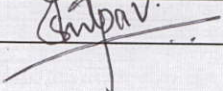
STUDENT COUNSELING COMMITTEE

PARIVARTHANA

MINUTES OF THE MEETING

Date: 19th August 2015

Today on 19th August 2015 Wednesday from 3.00PM onwards a meeting of STUDENT COUNSELING COMMITTEE - PARIVARTHANA held at the Principal's Office to discuss the following agenda in presence of the following members.

NAME	DESIGNATION	ROLE	SIGNATURE
Rekha S.N.	Associate Professor	Convener	
Gayathri R.	Assistant Professor	Member	
Bindu M.G.	Assistant Professor	Member	
Prathibha P.	Assistant Professor	Member	
Shilpa V.	Assistant Professor	Member	

The following resolutions were made

Agenda 1: Approval of strategic plan for the academic year 2015-16.

Resolution: After a thorough discussion with the principal and student counseling committee members, final strategic plan of the committee is prepared.

Agenda 2: To finalize the student counselors.

Resolution: The following faculties from Sapthagiri College of engineering are identified as student Counselors to Counsel the needy students.

Name	Department
Prof. Sowmya C	Biotechnology.
Prof. Latha A.	Computer Science & Engineering
Prof. Sudha.M.S.	Electronics & Communication Engineering
Prof. Rekha S.N.	Electricals & Electronics Engineering
Prof. Padmanabha G.	Mechanical Engineering

Agenda 3. To discuss about the conduction of events for the semester.

Resolution: The following events are planned to conduct

1. A talk on "Prevention of Alcoholic abuse"
2. Essay writing on "The influence of mobile on students"

Agenda 4. Miscellaneous subject with the permission of the Chairperson

Resolution: To introduce suggestion box at many places in the college campus so that the students can express themselves by writing their thoughts on a virtual wall.

The meeting was concluded with the vote of thanks by the convener

Convener

Principal

Principal

Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

STUDENT COUNSELING COMMITTEE

NOTIFICATION

Date: 06/07/2015

This is to notify that the college management has decided to constitute **Student Counseling Committee**.

Following persons are hereby nominated as the members of Student Counseling Committee

Sl.No.	Name of the Faculty	Designation	Role	Department
1	Dr.Aswatha Kumar M	Principal	Chairman	
2	Prof. Gayathri R	Assistant Professor	Convener	ISE
3	Prof. Bhavya	Assistant Professor	Member	MAT
4	Prof.Prathibha P	Assistant Professor	Member	ECE
5	Prof.Shilpa V	Assistant Professor	Member	ECE
6	Prof.Anuradha Badage	Assistant Professor	Member	CSE
7	Prof.Kavitha G	Assistant Professor	Member	CSE

Roles of the Committee

- To help the students to overcome examination stress or fear.
- Conduct seminars for students on mental health and addiction issues

Responsibilities

- To encourage students to discuss emotions and experiences.
- To help students resolve personal or interpersonal problems.

Wishing all the best,

Copy to

1. All members
2. Office of IQAC


Principal
Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057



Sapthagiri College of Engineering

(Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi)

#14/5, Chikkasandra, Hesaraghatta Main Road, Bengaluru – 560057

Phone: 080-28372800/1/2

www.sapthagiri.edu.in

Fax: 080-28372797

STUDENTS COUNSELING COMMITTEE (PARIVARTHANA)

Standard Operating Procedure (SOP)

Formation of the Committee:

The committee will be consisting of minimum six members from the various departments who are at the faculty level. Professor/Associate Professor level faculty will act as Convener of the Committee. Principal will be the Chairman of the Committee. The Committee will be constituted by the Principal at the beginning of each academic year and function for that academic year.

Functioning of the Committee:

1. The committee identifies one male and one female counselors from Sapthagiri Institute of Medical Science & Research Centre, Bangalore.
2. The Students can approach the Committee in following ways.
 - a. Through Proctors
 - b. Suggestion Boxes kept in the Campus.
 - c. Through e-mail written to Principal/Proctor/HODs/Class Teachers
 - d. Through the Mobile Number *****
3. If the Mentor/Proctor/Class Teacher/Faculty handling the Subjects feels that the student needs counseling, they can refer it to the committee
4. Soon after receiving the Complaint/Problem, the Committee approaches the Counselors and arranges the Counseling in the Counseling Room at Academic Block.
5. If needed the Counselors refer the students for more detailed checkups.
6. The Parents will be informed through the proctors
7. The identity of the Students undergoing treatment will be kept confidential.

At the end of each semester, a detailed report will be prepared and submitted to IQAC



SAPTHAGIRI COLLEGE OF ENGINEERING

(Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi)

#14/5, Chikkasandra, Hesaraghatta Main Road, Bengaluru – 560057

Phone: 080-28372800/1/2

www.sapthagiri.edu.in


Fax: 080-28372797



Students Counseling Committee - Parivarthana

Strategic Perspective Plan for Year 2016-17

Sl. No.	Chronology	Plan	Description	Strategy	Funds/Budget	Remarks
1	July 23 2016	To identify Counselors	To identify the Counselors from all Department	To conduct a meeting to request Principal to identify Counselors and to plan the number of events for the year 2016-17	Refreshments	
2	Sept 09 2016	To conduct an event	To conduct Essay writing on " Influence of Corporate Life on Indian Culture"	The topic for the event will be notified one week before the event	Not required ?	
3	Oct 09 2016	To organize an event	To create awareness among the student community, it is planned to conduct an event "Coping up with Exam Stress"	To arrange the resource person	Refreshments for the Guest	
4	Jan 03 2017	To organize Training Program	To organize Training Program for Counselors	To arrange the resource person	Refreshments for the Guest	
5	Mar 13 2017	To conduct an event	To create awareness among the Student Pick and Speak event on : Alcoholic Abuse	An event is organized by SCC for students	Refreshments for participants	
6	April 04 2017	To arrange a talk	To make the students to know about the "Meditation for Vibrant Health" a talk will be arranged	To address the students	Refreshment for resource person &	

7	May 03 2017	Final report	To prepare final report of the Students Counseling Committee and submit to IQAC	To prepare a report on no students counselled during this year and to suggest the improvisation required for the coming year		
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Convener


 Principal
Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

ANNUAL REPORT (2016-17)

“PARIVARTHANA”

Student Counseling Committee

Student Counseling Committee-Parivarthana formed under the Chairmanship of Principal, Strategic plan is prepared on 23/06/2016. As per the strategic plan the following members are identified as student counselors.

Name	Department
Prof. Shobha G.	Biotechnology.
Prof. Latha A.	Computer Science & Engineering
Prof. Suma V. Shetty	Electronics & Communication Engineering
Prof. Yousuf Madar R.	Electricals & Electronics Engineering
Prof. Prerana Chaitra	Information Science & Engineering
Prof. Padmanabha G.	Mechanical Engineering
Prof. Santhosh H C	Mathematics
Prof. Devaraja C	Physics
Prof. Ravichandra	Information Science & Engineering

Event 1: Essay writing on “Influence of Corporate Life on Indian Culture”

As per the strategic plan, on 22nd September 2016 Essay writing Program was conducted for fresher's. Around 60 students were present

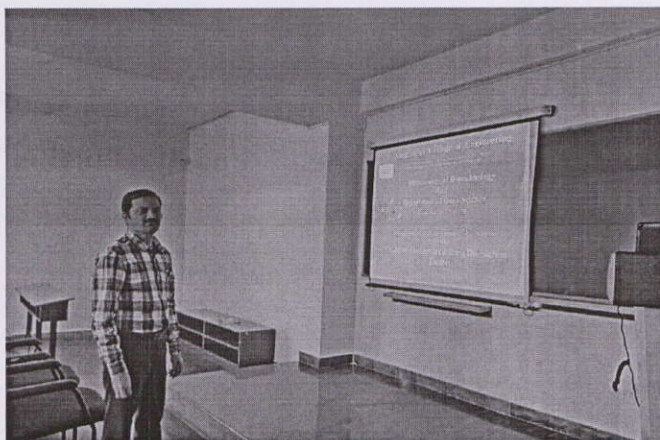
Few glimpses of Program:



Event 2: Talk on "Coping up with Exam Stress" by Dr. Sudhir Hebbar, Rajarajeshwari Medical College Bangalore.

The Student Counselling Committee had organized a talk on "Coping up with Exam Stress" on 09-10-2016 by Dr. Sudhir Hebbar, Rajarajeshwari Medical College, Bangalore in seminar hall, Faraday block, SCE Campus.. The resource person enlightened the students by creating awareness among the students of our college about Exam Stress. Around 30 students from all the departments were benefited from this event.

Few glimpses of Program:



Event 3: Training Program for all above mentioned Counselors

As per the strategic plan, on 3rd January 2017 Training program was conducted for counselors for the year of 2016-17.

Few glimpses of Program:



Event 4: pick and speak event.

The "Pick and Speak" event was successfully organized by Sapthagiri College of engineering, in association with Student Counseling committee on 13/03/2017, in SCE campus. 20 students participated in the event from all the departments. The convener of Student counseling committee Prof. A Latha. Presided the event. The event lasted for about one hour with the students for the topics like Professional ethic, Setting Goals is important, Study strategies, The dangers of drugs, The dangers of smoking, The dangers of alcohol etc, The event was an attempt to instill a sense of spontaneity in students, and helps them overcome their Inhibitions about public speaking

Few glimpse of the event:



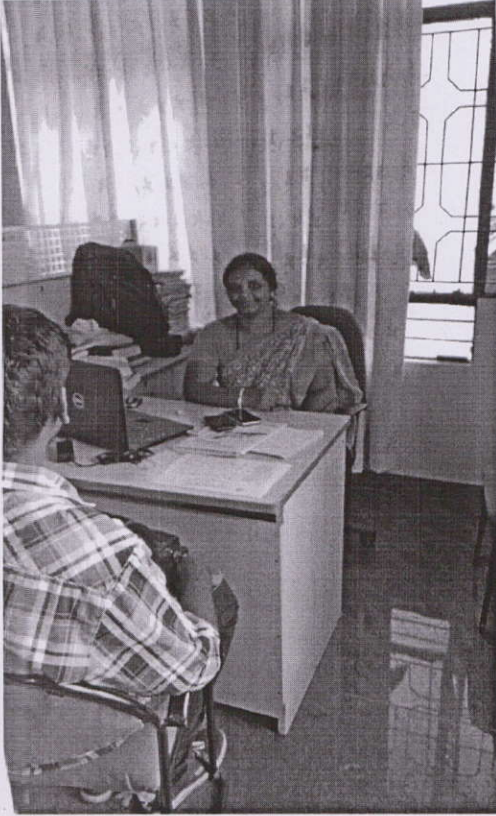
Event 5: Talk on "Meditation for Vibrant Health".

The Talk on "Meditation for Vibrant Health" event was successfully organized by Sapthagiri College of engineering, in association with student counseling committee on April 4th 2017 in the college premises. 60 students participated in the event, from all the departments. Dr. J S S Alwin Ebinesar, NIIT Calicut

Few glimpse of the event:



Counseling Data: 15 students were counseled during 2016-17 based on the proctor's feedback and students were satisfied.



We are proud to say that we strictly adhere to the strategic perspective plan of 2016-17.



Convener

Copy to

- 1 The office of the Principal
2. Office of the IQAC

STUDENT COUNSELING COMMITTEE

MEETING NOTICE

Date: 12/7/2016

This is to inform that a meeting of Student Counseling Committee, Sapthagiri College of Engineering has been called on 23/7/2016, Saturday at Principal's office to discuss the following agenda.

Sl.No.	Name of the Faculty	Designation	Role	Department
1	Dr. Aswatha Kumar M	Principal	Coordinator	
2	Gayathri R	Assistant Professor	Convener	ISE
3	Prof. Bhavya	Assistant Professor	Member	MAT
4	Prof. Prathibha P	Assistant Professor	Member	ECE
5	Prof. Sailpa V	Assistant Professor	Member	ECE
6	Prof. Anuradha Badage	Assistant Professor	Member	CSE
7	Prof. Kavitha G	Assistant Professor	Member	CSE

Agenda

Agenda 1: Discussion on proposal for identifying Counselors for the academic year 2016-17

Agenda 2: Discussion regarding setting up Strategic plan.


Convener

Copy to

1. The office of the Principal
2. Office of the IQAC








Principal

Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

MINUTES OF THE MEETING

Date: 23/7/2016

Today on 23/7/2016, Saturday from 11.00 am onwards a meeting of Student Counseling Committee held at the Principal's Office to discuss the following agenda in presence of the following members.

Sl.No.	Name of the Faculty	Designation	Role	Department	Signature
1	Dr.Aswatha Kumar M	Principal	Coordinator		
2	Gayathri R	Assistant Professor	Convener	ISE	
3	Prof. Bhavya	Assistant Professor	Member	MAT	
4	Prof. Prathibha P	Assistant Professor	Member	ECE	
5	Prof. Shilpa V	Assistant Professor	Member	ECE	
6	Prof. Aruradha Badage	Assistant Professor	Member	CSE	
7	Prof. Kavitha G	Assistant Professor	Member	CSE	

Agenda

Principal gave opening remarks to the members. The following resolutions were made


Agenda 1 Discussion on proposal for identifying Counselors for the academic year 2016-17

Resolution: Principal advised to identify Counselors.

Agenda 2: Discussion regarding setting up Strategic plan.

Resolution: Convener has been assigned to draft the strategic plan for the Committee.

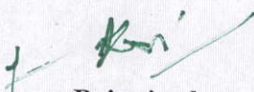
The meeting was concluded with the vote of thanks by the convener


Convener

Copy to

1. The office of the Principal

2. Office of the IQAC


Principal

Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

STUDENTS COUNSELING COMMITTEE

NOTIFICATION

Date: July 2017

This is to notify that the college management has decided to constitute

STUDENTS COUNSELING COMMITTEE

Following persons are hereby nominated as the members of STUDENTS COUNSELING COMMITTEE

Sl No	Name	Designation	Role	Dept
1	Dr. Shivabasappa K L	Principal	Chairman	Principal
2	Prashanth Kumar H P	Asst. Prof.	Convener	BT
3.	Rekha S N	Associate Prof	Member	EEE
3	Shilpa V	Asst. Prof.	Member	ECE
4	Anuradha Badage	Asst. Prof.	Member	CSE
5	Gayathri R	Asst. Prof.	Member	ISE
6	Harshitha. M.R.	Asst. Prof.	Member	EEE
7	Prathibha P	Asst. Prof.	Member	ECE
8	Kavitha G	Asst. Prof.	Member	CSE
9	Nandini B J	Asst. Prof.	Member	MAT

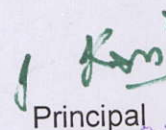
Objective:

Now a days it is common that the students are in tremendous stress to perform better hence many students may be stressed because of this and may be disillusioned. Hence the committee is formed to address such students and give to identify the stressed students and counsel them.

Roles & Responsibilities

- The committee should be in constant touch with the Proctors and arrange the consultants
- The Committee should inform opinion of the consultant to the Proctors who in turn should inform to the Parents/Guardians
- Meeting shall be conducted at least twice in a semester and report should be submitted to the Principal & IQAC

Wishing all the best,


Principal

Principal

Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

Copy to

1. All members
2. Office of IQAC



Sapthagiri College of Engineering

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Phone: 080-28372800/1/2

www.sapthagiri.edu.in

Fax: 080-28372797

STUDENTS COUNSELING COMMITTEE (PARIVARTHANA)

Standard Operating Procedure (SOP)

Formation of the Committee:

The committee will be consisting of minimum six members from the various departments who are at the faculty level. Professor/Associate Professor level faculty will act as Convener of the Committee. Principal will be the Chairman of the Committee. The Committee will be constituted by the Principal at the beginning of each academic year and function for that academic year.

Functioning of the Committee:

1. The committee identifies one male and one female counselors from Sapthagiri Institute of Medical Science & Research Centre, Bangalore.
2. The Students can approach the Committee in following ways.
 - a. Through Proctors
 - b. Suggestion Boxes kept in the Campus.
 - c. Through e-mail written to Principal/Proctor/HODs/Class Teachers
 - d. Through the Mobile Number *****
3. If the Mentor/Proctor/Class Teacher/Faculty handling the Subjects feels that the student needs counseling, they can refer it to the committee.
4. Soon after receiving the Complaint/Problem, the Committee approaches the Counselors and arranges the Counseling in the Counseling Room at Academic Block.
5. If needed the Counselors refer the students for more detailed checkups.
6. The Parents will be informed through the proctors
7. The identity of the Students undergoing treatment will be kept confidential.

At the end of each semester, a detailed report will be prepared and submitted to IQAC



SAPTHAGIRI COLLEGE OF ENGINEERING

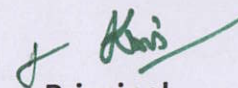
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 #14/5, Chikkasandra, Hesaraghatta Main Road, Bengaluru - 560057
 Phone: 080-28372800/1/2 www.sapthagiri.edu.in Fax: 080-28372797

Students Counseling Committee - Parivarthana Strategic Perspective Plan for Year 2017-18

Sl. No.	Chronology	Plan	Description	Strategy	Funds/Budget	Remarks
1	11-Jul-17	To identify Counselors	To identify the Counsellors from SIMS & RC	To conduct a meeting to request Principal to write a letter to SIMS&RC to identify Counsellors and to plan thenumber of events for the year 2017-18	Refreshments	
2	21-Aug-17	To conduct an event	To create awareness among the Student Community Pick and Speak event will be organized	The topic for the event will be notified one week before the event	Refreshments for the students and members	
3	22 Sep-17	To organize an event	To create awareness among the student community, it is planned to conduct an event "Yoga for Stress Management"	The resource person will be decided later	Refreshments for the Guest	
4	11-Dec-17	Odd Semester Report	To prepare odd semester Report	To prepare a report on no students counselled during this semester		
5	12-Mar-18	To conduct an event	To create awareness among the Student Community Theme of Collage : "Ragging is Crime"	An event is organized by SCC for II Year students	Refreshments for participants	

6	10-Apr-18	To arrange a talk	To make the students to know about the "Mobile Game Addiction" a talk by Dr. Sudhir Hebbar, SIMS & RC will be arranged	To address the I year students	Refreshment for resource person &	
7	28-May-18	Final report	To prepare final report of the Students Counseling Committee and submit to IQAC	To prepare a report on no students counselled during this year and to suggest the improvisation required for the coming year		


Convener


Principal


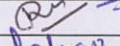
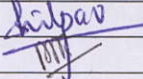
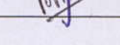

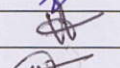
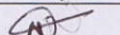
Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hosuraghatta Main Road
Bengaluru - 560 057

STUDENT COUNSELING COMMITTEE

MEETING NOTICE

Date: 7 July 2017

This is to inform that a meeting of student counseling committee, Sapthagiri College of Engineering has been called on 11 July 2017, Tuesday at 3:00 PM in Principal's office to discuss about the following agenda


Sl No	Name	Designation	Role	Signature
1	Prashanth Kumar H P	Asst.Prof.	Convener	
2	Rekha S N	Associate Prof	Member	
3	Shilpa V	Asst. Prof.	Member	
4	Anuradha Badage	Asst. Prof.	Member	
5	Gayathri R	Asst. Prof.	Member	
6	Harshitha. M.R.	Asst. Prof.	Member	
7	Prathibha P	Asst. Prof.	Member	
8	Kavitha G	Asst. Prof.	Member	
9	Nandini B J	Asst. Prof.	Member	

Agenda

1. To discuss about the strategic plan
2. To identify the student counselors
3. Miscellaneous subject with the permission of the Chairperson.



Convener



Principal



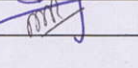
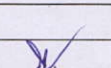
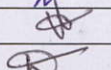
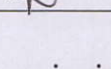
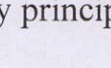
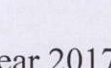
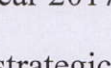
Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

STUDENT COUNSELING COMMITTEE

MINUTES OF THE MEETING

Date: 11/7/2017

Today on 11 July 2017, Thursday from 3:00 PM onwards a meeting of **STUDENT COUNSELING COMMITTEE** held at the Principal's Office to discuss the following agenda in presence of the following members.

Sl No	Name	Designation	Role	Signature
1	Pranshanth kumar H P	Asst.Prof.	Convener	
2	Rekha S N	Associate Prof	Member	
3	Shilpa V	Asst. Prof.	Member	
4	Anuradha Badage	Asst. Prof.	Member	
5	Gayathri R	Asst. Prof.	Member	
6	Harshitha. M.R.	Asst. Prof.	Member	
7	Prathibha P	Asst. Prof.	Member	
8	Kavitha G	Asst. Prof.	Member	
9	Nandini B J	Asst. Prof.	Member	

Meeting started with welcome speech and introductory speech by principal.
The following resolutions were made

Agenda 1: To discuss about the strategic plan for the academic year 2017-18.

Resolution: Prof. Nandini B J. has been assigned to draft the strategic plan of the committee.

Agenda 2: To Identify the student counselors.

Resolution: It is decided to Identify faculties from SCE and to assign them as student counselors to counsel the needy students for the academic year 2017-18.

The meeting was concluded with the vote of thanks by the convener


Convener


Principal

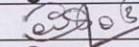


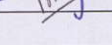


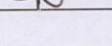
Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560057

STUDENT COUNSELING COMMITTEE

MEETING NOTICE

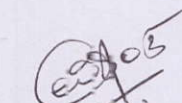
Date: 14th July 2017

This is to inform that a meeting of student counseling committee, Sapthagiri College of Engineering has been called on 27th July 2017 Thursday at Principal's office to discuss about the following agenda at 3.00 PM

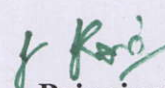
Sl No	Name	Designation	Role	Signature
1	Prashanth Kumar H P	Asst.Prof.	Convener	
2	Rekha S N	Associate Prof	Member	
3	Shilpa V	Asst. Prof.	Member	
4	Anuradha Badage	Asst. Prof.	Member	
5	Gayathri R	Asst. Prof.	Member	
6	Harshitha. M.R.	Asst. Prof.	Member	
7	Prathibha P	Asst. Prof.	Member	
8	Kavitha G	Asst. Prof.	Member	
9	Nandini B J	Asst. Prof.	Member	

Agenda

1. Approval of strategic plan.
2. To finalize the student counselors.
3. To discuss about the conduction of events for the semester.
4. Miscellaneous subject with the permission of the Chairperson



Convener



Principal

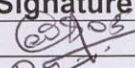
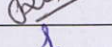
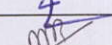
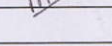
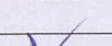

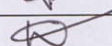
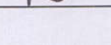
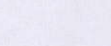
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Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

STUDENT COUNSELING COMMITTEE

MINUTES OF THE MEETING

Date: 27th July 2017

Today on 27th July 2017 Thursday from 3.00PM onwards a meeting of STUDENT COUNSELING COMMITTEE held at the Principal's Office to discuss the following agenda in presence of the following members.

Sl No	Name	Designation	Role	Signature
1	Prashanth Kumar H P	Asst.Prof.	Convener	
2	Rekha S N	Assoicate Prof	Member	
3	Shilpa V	Asst. Prof.	Member	
4	Anuradha Badage	Asst. Prof.	Member	
5	Gayathri R	Asst. Prof.	Member	
6	Harshitha. M.R.	Asst. Prof.	Member	
7	Prathibha P	Asst. Prof.	Member	
8	Kavitha G	Asst. Prof.	Member	
9	Nandini B J	Asst. Prof.	Member	

The following resolutions were made

Agenda 1: Approval of strategic plan for the academic year 2017-18.

Resolution: After a thorough discussion with the principal and student counseling committee members , final strategic plan of the committee is prepared.

Agenda 2: To finalize the student counselors.

Resolution: The following faculties from Sapthagiri College of engineering are identified as student Counselors to Counsel the needy students.

Sl.No	Name	Department
1.	Prof. Shobha G.	Biotechnology.
2.	Prof. Latha A.	Computer Science & Engineering
3.	Prof. Suma V. Shetty	Electronics & Communication Engineering
4.	Prof. Yousuf Madar R.	Electricals & Electronics Engineering
5.	Prof. Prerana Chaitra	Information Science & Engineering
6.	Prof. Padmanabha G.	Mechanical Engineering
7.	Prof.Santhosh H C	Mathematics
8.	Prof. Devaraja C	Physics

9.	Prof. Ravichandra	Information Science & Engineering
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Agenda 3. To discuss about the conduction of events for the semester.

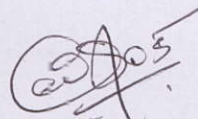
Resolution: The following events are planned to conduct

1. Orientation program for fresher's.
2. A talk on "Yoga and Stress Management".

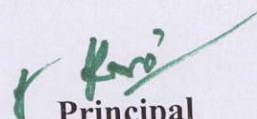
Agenda 4. Miscellaneous subject with the permission of the Chairperson

Resolution: To introduce suggestion box at many places in the college campus so that the students can express themselves by writing their thoughts on a virtual wall.

The meeting was concluded with the vote of thanks by the convener



Convener



Principal

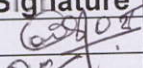

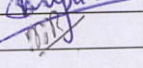




Principal
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14/5, Chikkasandra, Hesaraghatta
Bengaluru - 560057

STUDENT COUNSELING COMMITTEE

MEETING NOTICE

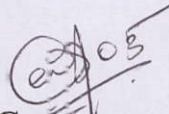
Date: 4th August 2017

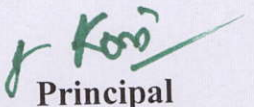
This is to inform that a meeting of student counseling committee, Sapthagiri College of Engineering has been called on 10th August 2017, at Principal's office to discuss about the following agenda at 12.30 PM

Sl No	Name	Designation	Role	Signature
1	Prashanth Kumar H P	Asst.Prof.	Convener	
2	Rekha S N	Associate Prof	Member	
3	Shilpa V	Asst. Prof.	Member	
4	Anuradha Badage	Asst. Prof.	Member	
5	Gayathri R	Asst. Prof.	Member	
6	Harshitha. M.R.	Asst. Prof.	Member	
7	Prathibha P	Asst. Prof.	Member	
8	Kavitha G	Asst. Prof.	Member	
9	Nandini B J	Asst. Prof.	Member	

Agenda

1. To discuss about the conduction of the event:- Orientation program for freshers
2. Miscellaneous subject with the permission of the Chairperson


Convener


Principal


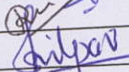
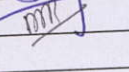
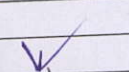
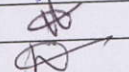
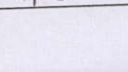

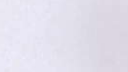
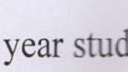
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Bengaluru - 560 057

STUDENT COUNSELING COMMITTEE

MINUTES OF THE MEETING

Date: 10th August 2017

Today on 10th August 2017 Thursday from 12.30 PM onwards a meeting of **STUDENT COUNSELING COMMITTEE** held at the Principal's Office to discuss the following agenda in presence of the following members.

Sl No	Name	Designation	Role	Signature
1	Prashanth Kumar H P	Asst. Prof.	Convener	
2	Rekha S N	Associate Prof	Member	
3	Shilpa V	Asst. Prof.	Member	
4	Anuradha Badage	Asst. Prof.	Member	
5	Gayathri R	Asst. Prof.	Member	
6	Harshitha. M.R.	Asst. Prof.	Member	
7	Prathibha P	Asst. Prof.	Member	
8	Kavitha G	Asst. Prof.	Member	
9	Nandini B J	Asst. Prof.	Member	

The following resolutions were made

Agenda 1: To discuss Orientation program for Fresher's

Resolution: It is decided to have an orientation program for I year students on 21st August 2017, Monday at 10.00 AM in seminar hall, Faraday block.

The meeting was concluded with the vote of thanks by the convener


Convener


Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main
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ANNUAL REPORT (2017-18)

“Parivarthana”

Student counseling committee

Student counseling committee-Parivarthana formed under the Chairmanship of Principal, Strategic plan is prepared on 19/08/2015.

As per the strategic plan the following members are identified as student counselors.

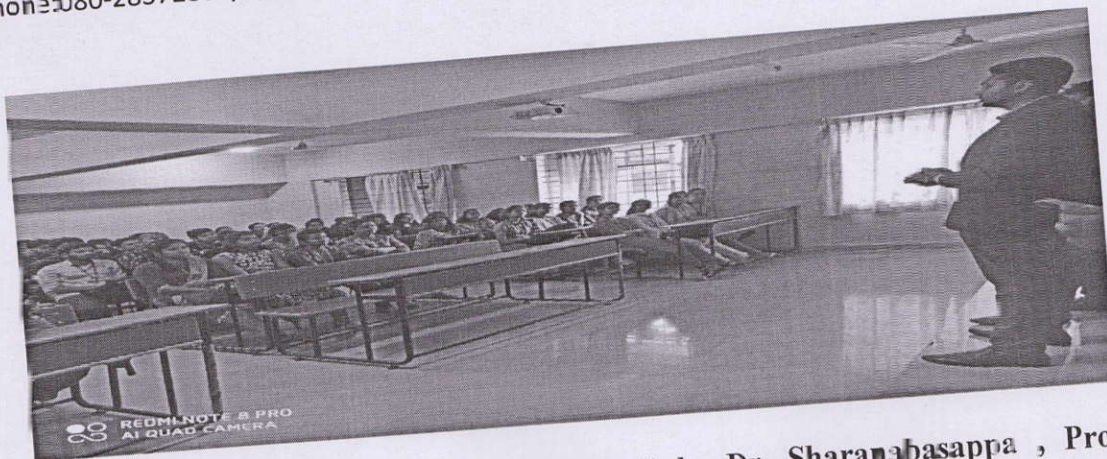
Name	Department
Prof. Shobha G.	Biotechnology.
Prof. Latha A.	Computer Science & Engineering
Prof. Suma V. Shetty	Electronics & Communication Engineering
Prof. Yousuf Madar R.	Electricals & Electronics Engineering
Prof. Prerana Chaitra	Information Science & Engineering
Prof. Padmanabha G.	Mechanical Engineering
Prof. Santhosh H C	Mathematics
Prof. Devaraja C	Physics
Prof. Ravichandra	Information Science & Engineering

Event 1: Pick and speak event.

The “pick and speak” event was successfully organized by Sapthagiri College of engineering, in association with Student Counseling committee on 21st Aug 2017 in Faraday block SCE. 18 students participated in the event from all the department. The convener of Student counseling committee Prof. Fekha S.N. presided the event.. The event lasted for about one hour with the students for the topics like best childhood memory, about me, Study strategies, My best friend, The dangers of drugs, The dangers of smoking, The dangers of alcohol etc, The event was an attempt to instill a sense of spontaneity in the students, and helps them overcome their Inhibitions about public speaking.

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Fax: 080-28372797



Event 2: Talk on "Yoga and Stress Management" by Dr. Sharanabasappa , Professor, department of psychiatry, Sapthagiri Institute of medical sciences and Research centre Bangalore .

The Student Counselling Committee had organized a talk on "Yoga and Stress Management" on 22-09-2017 by Dr. Sharanabasappa , Professor, department of psychiatry, Sapthagiri Institute of medical sciences and Research centre, Bangalore in seminar hall, Faraday block, SCE Campus.. The resource person enlightened the students by creating the awareness among the students of our college about Alcoholic abuse. Around 40 first year students from all the departments were benefited from this event.

Few glimpses of Program:



Dr. Sharanabasappa delivering talk on Alcoholic abuse .

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Audience for the event

Event 3: Collage "Ragging is Crime".

The Collage "Ragging is crime" event was successfully organized by Sapthagiri College of engineering, in association with Student Counseling committee on 12/3/2018 in seminar hall, Faraday block, SCE. 20 students participated in the event from all the department. The convener of Student counseling committee Prof. Rekha S.N. presided the event.



Sapthagiri College of Engineering

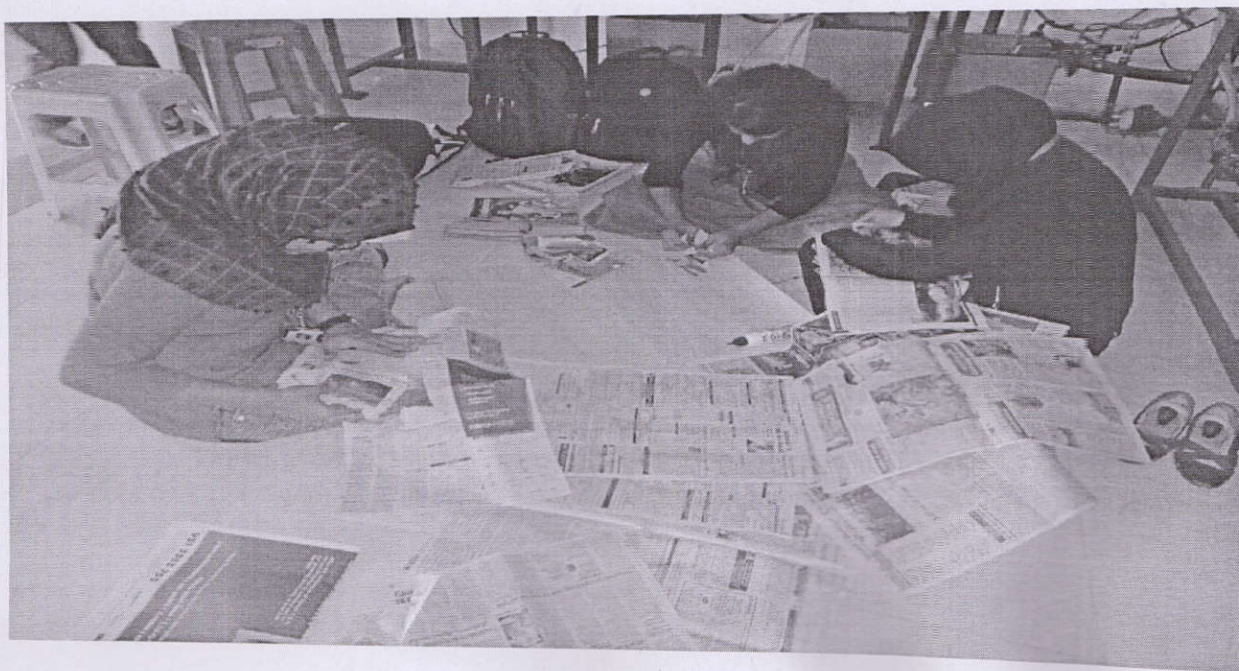
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Students participating in Collage event

Event 4: : Talk on " Mobile Game Addiction " by Dr. Sudhir Hebbar, Professor, department of psychiatry, Sapthagiri Institute of medical sciences and Research centre Bangalore .

The Student Counseling Committee had organized a talk on "Mobile Game Addiction" on 21-04-2018 by Dr. Sudhir Hebbar SIMS and RC , Bangalore, in Faraday Block in seminar hall. On this occasion Prof. Rekha S.N., Convener , Student counseling committee addressed the students about the program. Around 40 first year students from all the departments were benefitted from this event.

Sapthagiri College of Engineering

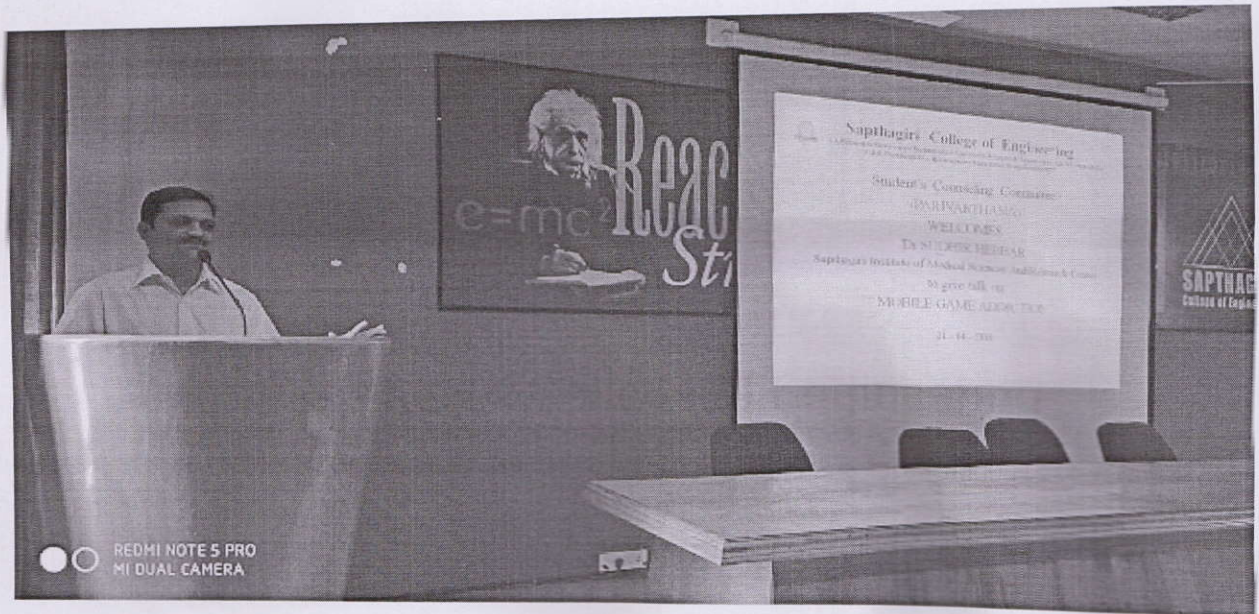
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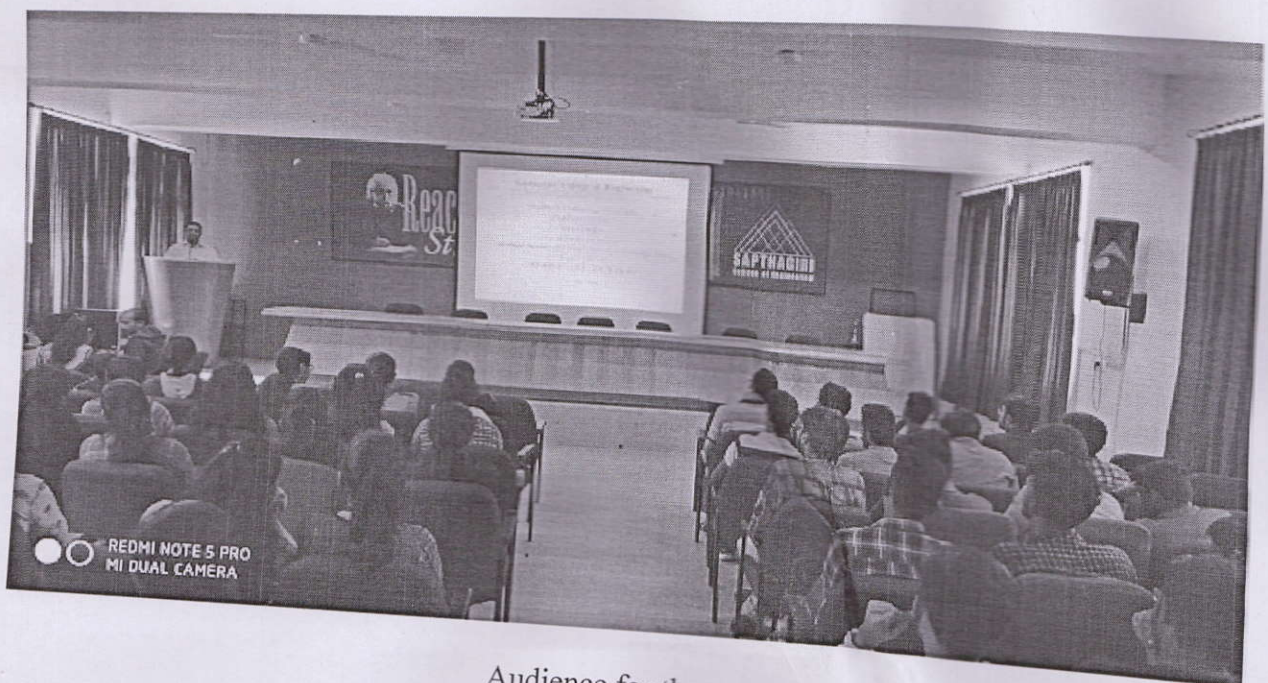
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Dr. Sudhir Hebbar delivering talk on Psychology of well being



Audience for the event

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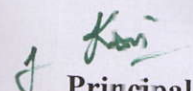
8 students were counseled during 2017-18 based on the proctors feedback and students were satisfied. we are proud to say that we strictly adhere to the strategic perspective plan of 2017-18.



Faculty counseling students



Convener



Principal

Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
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Students Counseling Committee -Parivarthana

NOTIFICATION

Date: July 2, 2018

This is to notify that the college management has decided to constitute **STUDENTS COUNSELING COMMITTEE** keeping in mind that lot of students need counseling as they will be under lot of stress.

Following persons are hereby nominated as the members of **STUDENTS COUNSELING COMMITTEE**

Sl No	Name	Designation	Role	Sign
1	Anuradha Badage	Asst. Prof.	Convener	
2	Shilpa V	Asst. Prof.	Member	
3	Gayathri R	Asst. Prof.	Member	
4	Harshitha. M.R.	Asst. Prof.	Member	
5	Prathibha P	Asst. Prof.	Member	
6	Kavitha G	Asst. Prof.	Member	
7	Nandini	Asst. Prof.	Member	

Objective:

Now a days it is common that the students are in tremendous stress to perform better hence many students may be stressed because of this and may be disillusioned. Hence the committee is formed to address such students and give To identify the stressed students and counsel them.

Roles & Responsibilities

- The committee should be in constant touch with the Proctors and arrange the consultants
- The Committee should inform opinion of the consultant to the Proctors who in turn should inform to the Parents/Guardians
- Meeting shall be conducted at least once in a semester and report should be submitted to the Principal & IQAC

Wishing all the best,

Principal

Copy to

Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
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- All the Committee Members
- Office of IQAC



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PARIVARTHANA STUDENTS COUNSELING COMMITTEE

Standard Operating Procedure

Formation of the Committee:

The committee will be consisting of minimum six members from the various departments who are at the faculty level. Professor/Associate Professor level faculty will act as Convener of the Committee. Principal will be the Chairman of the Committee. The Committee will be constituted by the Principal at the beginning of each academic year and function for that academic year.

Functioning of the Committee:

1. The committee identifies one male and one female counselors from Sapthagiri Institute of Medical Science & Research Centre, Bangalore.
2. The Students can approach the Committee in following ways.
 - a. Through Proctors
 - b. Suggestion Boxes kept in the Campus.
 - c. Through e-mail written to Principal/Proctor/HODs/Class Teachers
3. If the Mentor/Proctor/Class Teacher/Faculty handling the Subjects feels that the student needs counseling, they can refer it to the committee
4. Soon after receiving the Complaint/Problem, the Committee approaches the Counselors and arranges the Counseling in the Counseling Room at Academic Block.
5. If needed the Counselors refer the students for more detailed checkups.
6. The Parents will be informed through the proctors
7. The identity of the Students undergoing treatment will be kept confidential.

At the end of each semester, a detailed report will be prepared and submitted to IQAC



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
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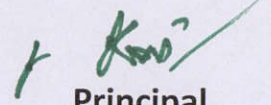
Fax: 080-28372797

Students Counseling Committee - Parivarthana Strategic Perspective Plan for Year 2018-19

Sl. No.	Chronology	Plan	Description	Strategy	Funds/Budget	Remarks
1	12-Jul-18	To identify Counselors	To identify the Counsellors from SIMS & RC	To conduct a meeting to request Principal to write a letter to SIMS&RC to identify Counsellors and to plan the number of events for the year 2017-18	Refreshments	
2	21-Sep-18	To conduct an event	To create awareness among the Student Community pick and speak will be organized	The topic for the event will be notified one week before the event	Not required	
3	17-Nov-18	To organize an event	To create awareness among the student community, it is planned to conduct an event "Commitment and Confidence"	The resource person will be decided later	Refreshments for the Guest	
5	15-Mar-19	To conduct an event	To create awareness among the Student Community arranged talk on : "Positive emotions and success"	An event is organized by SCC for II Year students	Refreshments for participants	
6	26-Apr-19	To arrange a talk	A talk on "Personality and happiness" Resource person to be identified	To address the I year students	Refreshment for resource person &	

/	10-May-19	Annual report	To prepare final report of the Students Counseling Committee and submit to IQAC	To prepare a report on no students counselled during this year and to suggest the improvisation required for the coming year		
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Convener


Principal
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ANNUAL REPORT (2018-19)

Students Counseling Committee - Parivarthana

Student counseling committee-Parivarthana formed under the Chairmanship of Principal, Strategic plan is prepared on 10/05/2019. As per the strategic plan the following members are identified as student counselors.

Sl. No.	Name	Department
1	Dr. Sudhir hebbar	Psychiatry Dept., SMS&RC, Bangalore
2	Dr. Shilpa	Psychiatry Dept., SMS&RC, Bangalore

Event 1: pick and speak event.

The Student Counselling Committee had organized Pick and Speak event on 21-09-2018.

The "pick and speak" event was successfully organised by Sapthagiri College of engineering, in association with Student Counselling committee on 21-9-2018 in seminar hall, Faraday block. 25 students participated in the event, from all the departments.

The convener of Student counselling committee Prof. Anuradha Badage, presided the event.

In the event, students had to select a topic from the set of topics to give a three minute presentation on the same without any preparation. The event lasted for about one hour, with the students for the topics like Creative problem solving, Interpersonal and intrapersonal communication, stress management, etc.



Students participated in pick and speak event

Event 2: Talk on "Commitment and Confidence" by Dr. Sudhir Hebbar SIMS &RC, Bangalore

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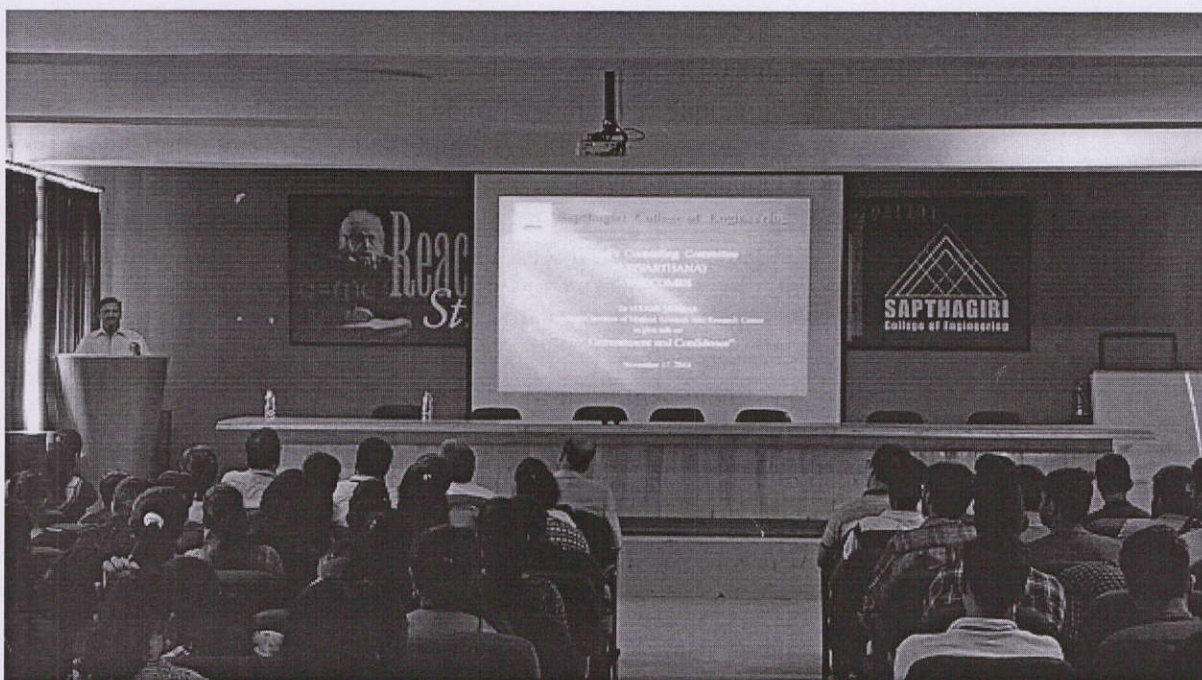
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The Student Counselling Committee had organized a talk on “**Commitment and Confidence**” on 17-11-2018 by Dr. Sudhir Hebbar, Psychiatrist, Sapthagiri Institute of Medical Sciences and Research Centre in seminar hall, Faraday block.

On this occasion Prof. Anuradha Badage., Convener, Student counselling committee addressed the students about the program.

Commitment and Confidence Commitment to a goal is inherently about something in the future. Most leadership activities are about how we get or "enroll" people to do tasks and feel good about doing things they may not otherwise want to do. Getting people to "self-enroll" and take ownership for the future is the first step to creating personal commitment.

Around 251 year students were benefitted from this event.



Expert delivered talk on commitment and confidence

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Expert delivered talk on commitment and confidence

Event 3: Talk on "Positive emotions and success" by Dr. Sudhir Hebbar, SIMS & RC, Bangalore

The Student Counselling Committee had organized a talk on **"Positive emotions and success"** on 15-3-2019 by Dr. Sudhir Hebbar, Psychiatrist, Sapthagiri Institute of Medical Sciences and Research Centre in seminar hall, Faraday block.

On this occasion Prof. Anuradha Badage., Convener, Student counselling committee addressed the students about the program.

Positive emotions and success: Feeling both positive and negative emotions is a natural part of being human. While positive emotions like gratitude, compassion, and pride can encourage us to be more persistent in reaching our goals—and help us stay away from immoral behavior—they all have another benefit: nourishing our social relationships, which leads to more success and happiness. In fact, this is the primary reason socially oriented emotions that build self-control exist in the first place: They foster social connection, which often requires cooperation and self-sacrifice..

Around 25 I year students were benefitted from this event.

Sapthagiri College of Engineering

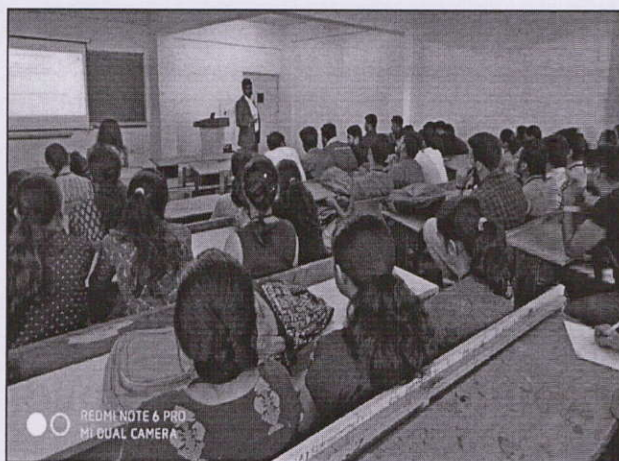
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Talk on positive emotions and success delivered by Dr. Sudhir Hebbar

Event 4: Talk on "Personality and happiness" by Dr. Sudhir Hebbar, SIMS & RC, Bangalore

The Student Counselling Committee had organized a talk on **"Personality and happiness"** on 26-4-2019 by Dr. Sudhir Hebbar, Psychiatrist, Sapthagiri Institute of Medical Sciences and Research Centre in seminar hall, Faraday block.

On this occasion Prof. Anuradha Badage., Convener, Student counselling committee addressed the students about the program.

All aspects of our personality have links with different aspects of our well-being, but one personality trait that seems particularly important is extroversion. Extroversion describes the degree to which one behaves in a bold, assertive, gregarious, and outgoing way. Several studies have shown people who are more extroverted enjoy higher levels of well-being.

Around 25 I year students were benefitted from this event.



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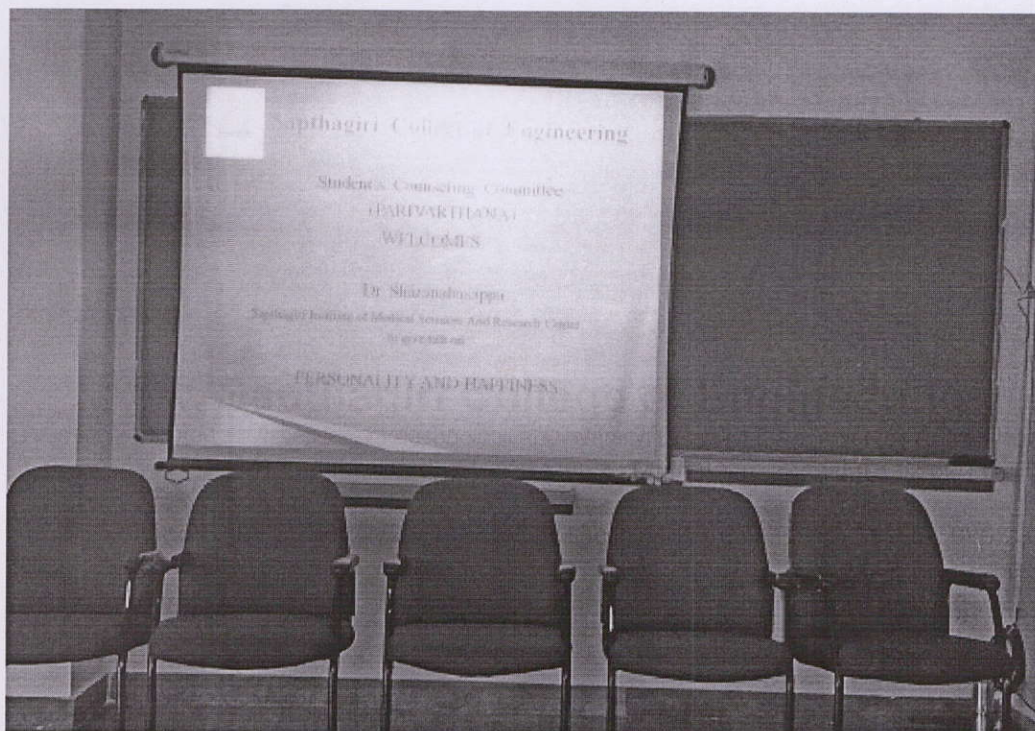
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Talk on personality and Happiness

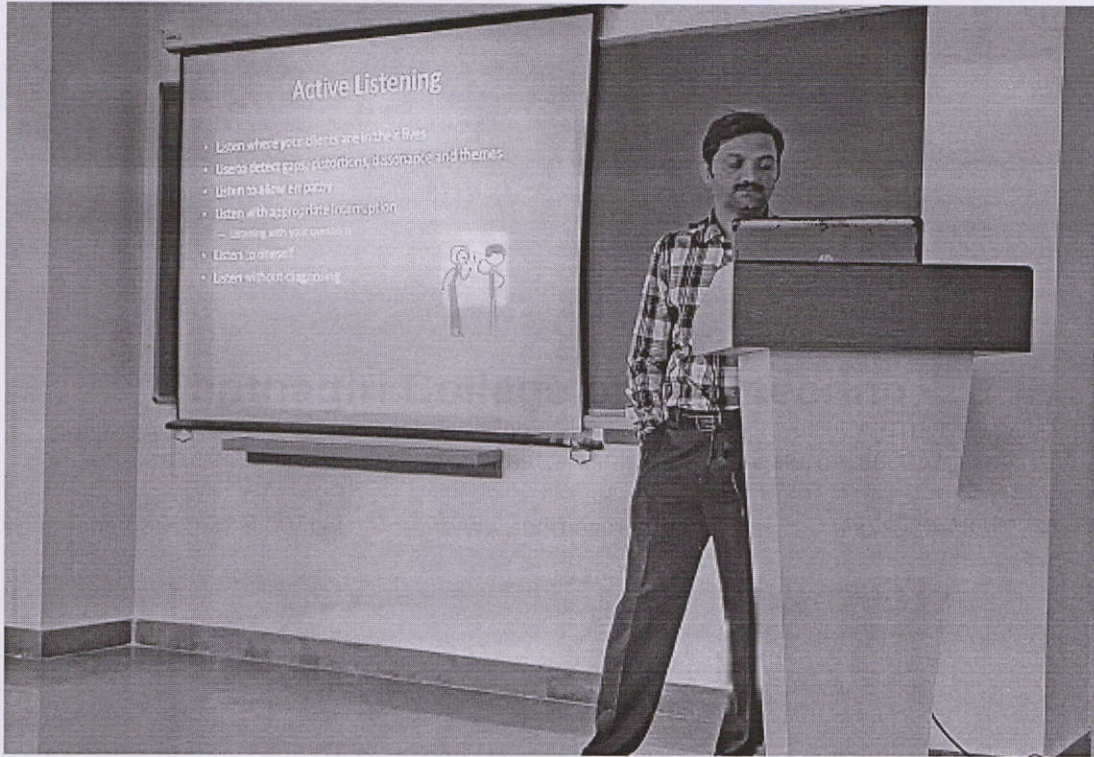
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Talk on personality and Happiness delivered by Dr. Sudhir Hebbar



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Students participated in talk on personality and Happiness delivered by Dr. Sudhir Hebbar


CONVENER


PRINCIPAL








Principal
Sapthagiri College of Engineering
14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

Students Counseling Committee -Parivathana

MEETING NOTICE


Date: July 5, 2018

This is to inform that a meeting of Students Counseling Committee, Sapthagiri College of Engineering has been called on July 9, 2018, Monday at Principal's office to discuss about the following agenda

Sl No	Name	Designation	Role	Sign
1	Anuradha Badage	Asst. Prof.	Convener	
2	Shilpa V	Asst. Prof.	Member	
3	Gayathri R	Asst. Prof.	Member	
4	Harshitha M.R.	Asst. Prof.	Member	
5	Prathibha P	Asst. Prof.	Member	
6	Kavitha G	Asst. Prof.	Member	
7	Nandini	Asst. Prof.	Member	

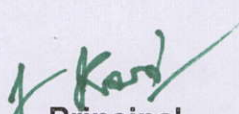
Agenda

1. To prepare Strategic Planning for the Academic Year 2018-19
2. To identify Counselors.
3. To organize pick and speak event to first year students
4. Miscellaneous subject with the permission of the Chairperson


Convener

Copy to

1. The office of the Principal
2. Office of the IQAC


Principal








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14/5, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

Students Counseling Committee –Parivarthana

MINUTES OF THE MEETING

Date: July 9, 2018

Today on July 9, 2018, Monday from 3:30 pm onwards a meeting of Students Counseling Committee, Sapthagiri College of Engineering held at the Principal's Office to discuss the following agenda in presence of the following members.

Sl No	Name	Designation	Role	Sign
1	Anuradha Badage	Asst. Prof.	Convener	
2	Shilpa V	Asst. Prof.	Member	
3	Gayathri R	Asst. Prof.	Member	
4	Harshitha. M.R.	Asst. Prof.	Member	
5	Prathibha P	Asst. Prof.	Member	
6	Kavitha G	Asst. Prof.	Member	
7	Nandini	Asst. Prof.	Member	

Principal gave opening remarks to the members. The following resolutions were made

Agenda 1: To prepare Strategic Plan for the Academic Year 2018-19

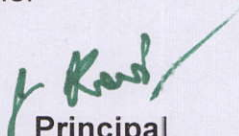
Resolution : It is decided that Prof. Nandini B J will prepare the Strategic Plan of the Committee for the current academic year.

Agenda 2: To identify the Counselors

Resolution : It is decided to request Sapthagiri Institute of Medical Sciences & Research Center, Bengaluru to assign two Counselors to Counsel needy students

The meeting was concluded with the vote of thanks by the convener


Convener


Principal

Principal
Sapthagiri College of Engineering
14/E, Chikkasandra, Hesaraghatta Main Road
Bengaluru - 560 057

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