



SAPTHAGIRI COLLEGE OF ENGINEERING, BENGALURU-57

(Affiliated to VTU, Belagavi & Approved by AICTE, New Delhi)
#14/5, Chikkasandra, Hesaraghatta Main Road, Bengaluru- 560 057
An ISO 90001:2015 and 14001:2015 Certified Institution
Accredited by NAAC -A GRADE

7.1.1 Measures initiated by the institution for the promotion of gender equity

SL NO	YEAR	TOPICS
1	2023-24	Annual Report



SRI SRINIVASA EDUCATIONAL AND CHARITABLE TRUST®
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ANNUAL REPORT OF WOMEN EMPOWERMENT COMMITTEE FOR

AY: 2023-24

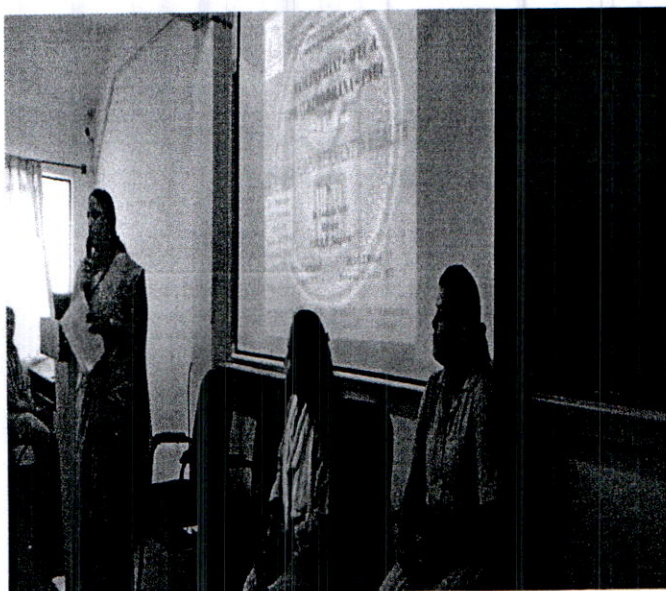
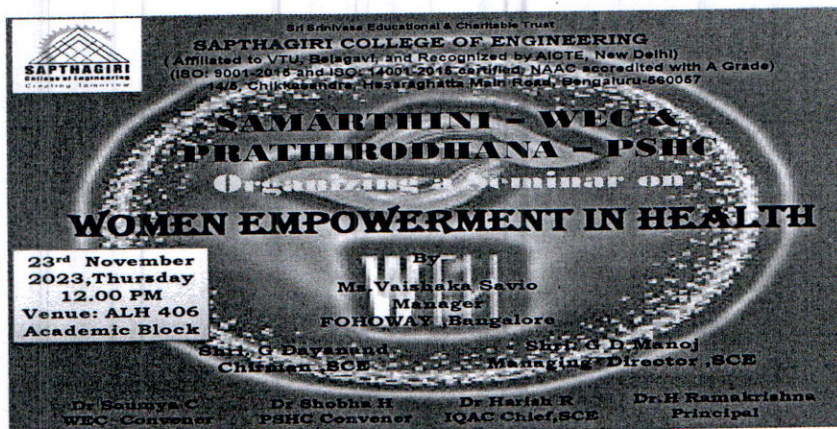
The purpose of Sapthagiri College of Engineering's women empowerment committee is to inform the female students about their own power. The Committee seeks to increase the awareness of issues and empower female faculty and students. Pertaining to women, to address the practical concerns of the welfare and equitable opportunities for women faculty, staff, and students, and to provide a safe environment for girls and women on college campuses. It also gives women a forum to express their opinions and experiences on their place in society. The Committee supports women's empowerment through awareness campaigns, seminars, guest lectures, and other welfare initiatives, with the goal of advancing the intellectual and social development of female students. All these activities were done with the help of Coordinator of women empowerment cell, Dr Soumya C Convener of Women empowerment Committee and Chairman of the WEC Dr. Ramakrishna H took responsibility of conducting all the activities.

Women Empowerment Committee Organized the Following Event for AY: 2023-24

1. A Talk organized by The Women empowerment cell- SAMRTHINI of Sapthagiri College of Engineering conducted a talk on "WOMEN EMPOWERMENT IN HEALTH" for Girl students and female faculties of SCE at Sapthagiri College of Engineering, Bengaluru on 23/11/2023. A better understanding and appreciating these complex relationships between women's empowerment and health are critical for developing effective health strategies. The aim of this study is to identify the levels and differentials in women's empowerment in terms of women's mobility and decision making authority in health seeking behavior could be used to design more integrated and effective gender development policies and programs for health. In this occasion, Ms.Vaishaka Savio, Manager, FOHOWAY, Bangalore emphasized on the importance of laws for women empowerment in health.



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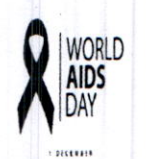
2. A Session organized by The Women empowerment cell- SAMRTHINI in coordination with health club of Sapthagiri College of Engineering conducted a session on "HIV AND ITS IMPLICATIONS ON PREGNANT WOMEN" for Girl students and female faculties of SCE at Sapthagiri College of Engineering, Bengaluru on 01/12/2023. Dr.Ganaraj Bhatt from Sapthagiri institute of medical sciences and Research center (SIMS RC) spoke about the HIV and its effects on account of World AID's day. The problems faced by the students in today's world due to drugs and other types of addictions. He also interacted with students and suggested various preventive techniques to overcome HIV. He highlighted the effect of HIV in Pregnant women


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Department of Health Club, Women cell and NSS
In collaboration with Sapthagiri Hospital
jointly organizes session on
"HIV and its implications on Pregnant women"
Delivered by
Dr. Ganaraj Bhatt
Sapthagiri Hospital.
Date: 01/12/2023 Time: 10 am to 12pm



WORLD AIDS DAY
1 DECEMBER

Sri. G. Dayanand
Chairman, SCE

Sri. G. D. Manoj
Executive Director, SCE

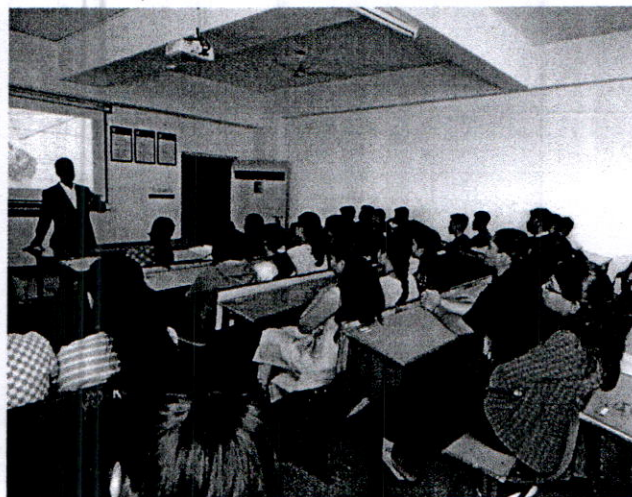
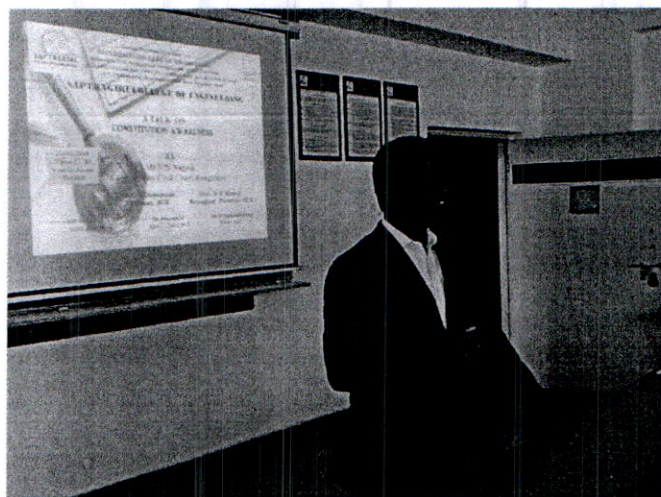
Dr. H. Ramakrishna Principal, SCE



3. A Talk on "CONSTITUTION AWARENESS FOR WOMEN" The Women empowerment cell- SAMRTHINI of Sapthagiri College of Engineering conducted Talk on Constitution Awareness for Girl students of SCE at Sapthagiri College of Engineering; Bengaluru on 24/02/2024. The Indian Constitution guarantees women's equality and safeguards their rights in a number of ways, such as:


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Legal equality discrimination on the basis of sex, religion, ethnicity, caste, or place of birth is forbidden by the Constitution. Equal opportunities all citizens are guaranteed equal opportunities in employment and public service under Article 16 of the Constitution. Discrimination that is constructive The Constitution gives the government the authority to take action to assist women in overcoming political, educational, and socioeconomic barriers. For instance, the state is permitted to create particular accommodations for women and children under Article 15(3). The right to dignity and life - All citizens, including women, are guaranteed the right to life and dignity under Article 21 of the Constitution. Defense against domestic abuse Women are protected from domestic violence by the Domestic Violence Act (DVA). A Seminar was conducted with theme is "**Constitution** to promote **women** empowerment and protect gender equality." In this occasion, Mr. V N Nagesh Lawyer City civil court, Bangalore emphasized on the importance of laws for women empowerment.



4. Rangoli, Mehandi, Pencil Sketch Events On The Occasion Of Women's Day

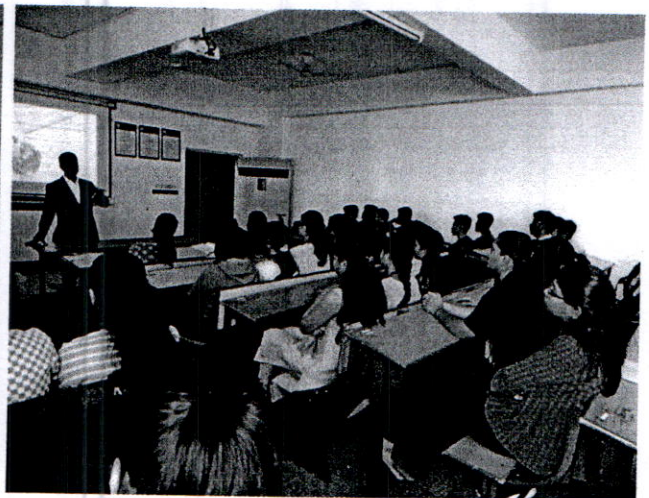
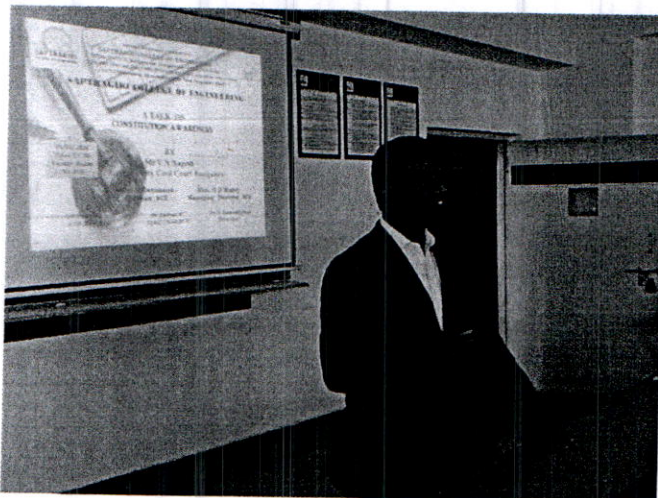
RANGOLI is a colorful art known by different names across different parts of India like Alpona, Ossa, Muggu, and Kolam etc. With the fragrance of Diwali all around in the environment and Rangoli is something which anyone can relate to as they denote two important things - Colours, which everyone loves and Festivities, which everyone enjoys with their families. The theme of the



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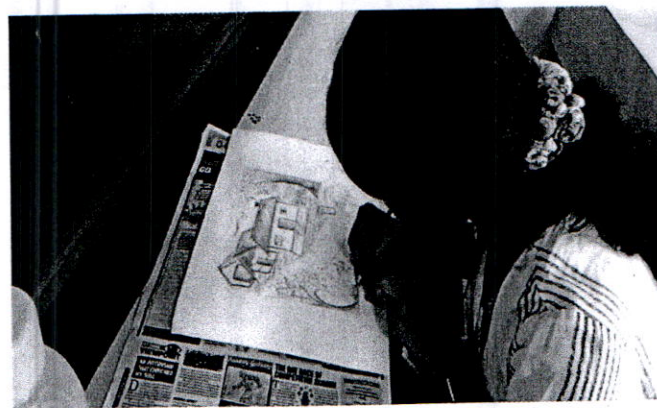
competition was 'celebrations and festivals'. Rangoli making is an integral part of Indian tradition and culture. Beautiful rangolis adorn the Indian houses especially during festivals. The

participants created innovative designs of Rangoli using waste material, grains, bamboos, diyas, flowers and sawdust apart from rangoli colors. Competitions resemble all examinations where we attempt to give our best to excel. Rangolis are something each of us can easily relate to as they symbolize color as well. Finally ended with the announcement of winner.



5. MEHANDI Competition was organized in SCE to enhance creativity and unleash the hidden potential in the students. The students participated in this competition with great enthusiasm. Many beautiful designs were on hands in from of Mehandi. The students had an opportunity to display their innate creative talents through this competition. This competition was an interesting and unique way to express creative talent of students and gave each of them an opportunity to contribute in some way or the other to a creative pursuit.

6. PENCIL SKETCH:




7. International women's Day celebrations

The Women Empowerment Cell – SAMARTHINI of Sapthagiri College of Engineering celebrated International Women's Day with the theme **"INVEST IN WOMEN: ACCELERATE IN PROGRESS"** by conducting various events for the girl students and Lady Faculties and staff of SCE at Sapthagiri College of Engineering, Bengaluru on 27/03/2024. "Invest in women's and girls' leadership and participation for peace" is the theme chosen by UN Human Rights for its celebration of International Women's Day 2024. Women human rights defenders, peace builder and feminist movements around the world have powerfully led efforts to build peace. Yet at the tables of power that are making the final decisions impacting their lives, in the peace and reconciliation processes, the voices of women and girls remain marginal at best. This occasion is graced by Mrs. Shruthi Venugopal Nithin an Entrepreneur

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**THE MANAGEMENT, FACULTY, STAFF AND STUDENTS
 WELCOMES YOU ALL TO**

WOMEN'S DAY CELEBRATION
INVEST IN WOMEN : ACCELERATE IN PROGRESS
 ORGANISED BY
WOMEN EMPOWERMENT CELL, SCE



CHIEF GUEST
Mrs. SHRUTHI VENUGOPAL NITHIN
 ENTREPRENEUR

Chief Patrons

Shri. G Dayanand
Chairman, SCE

Dr. Saumya C
WEC Convener

Shri. G D Manej
Managing Director, SCE

Dr. H Ramakrishna
Principal

Dr. Harish R
IQAC Chief, SCE

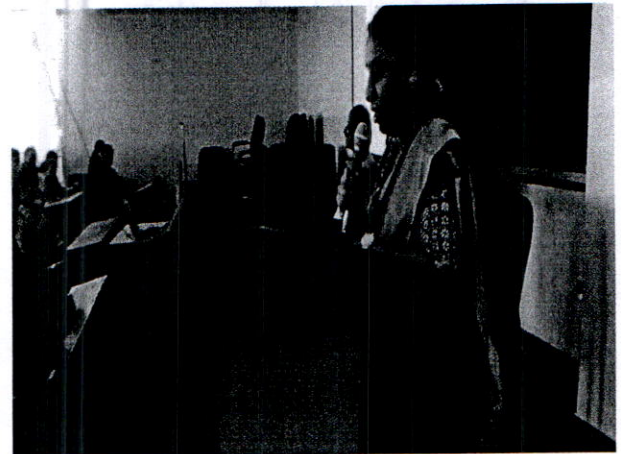
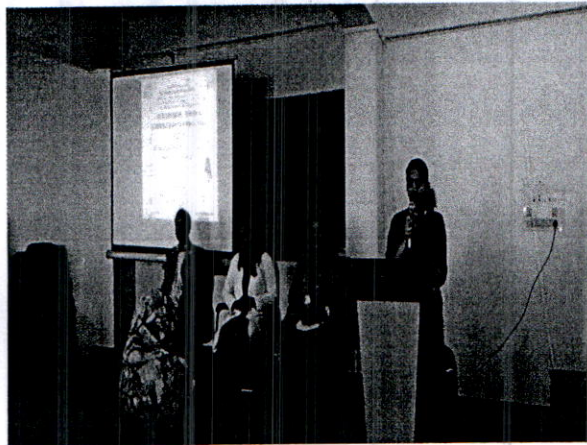
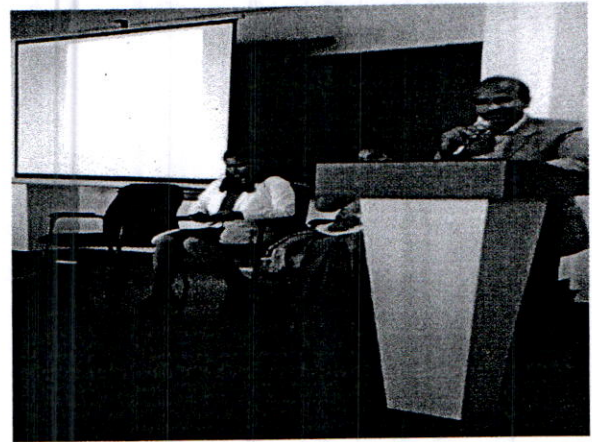
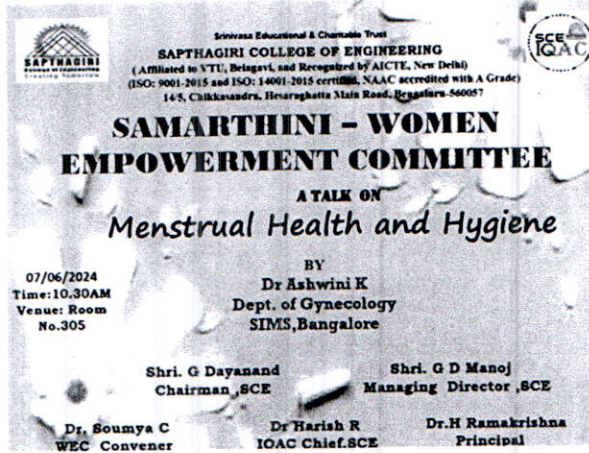
27 MARCH 2024 : 10:30 AM
SEMINAR HALL, CIVIL BLOCK




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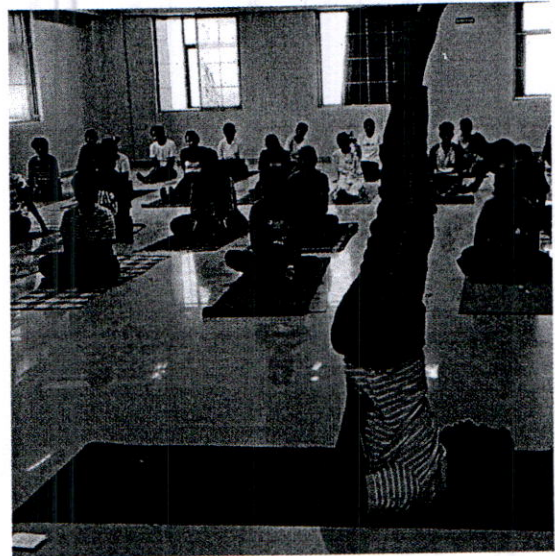
8. A Guest Talk on MENSTRUAL HEALTH AND HYGIENE by Dr Ashwini K, Department of Gynecology, SIMS, Bangalore on 07/06/2024 organized by The Women Empowerment Cell – SAMARTHINI of Sapthagiri College of Engineering.

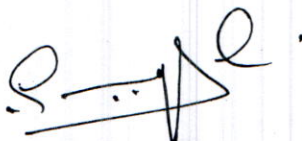


9. Yoga for women's health

The Women empowerment cell- SAMRTHINI of Sapthagiri College of Engineering conducted YOGA EVENTS for Girl students and Ladies staff of SCE at Sapthagiri College of Engineering, Bengaluru on 21/06/2024. An Old Testament Blessing We have been practicing yoga for many years. It was forgotten about for a while. But lately, this exercise has gained popularity both in India and beyond. The best part about it is that you can do it from any location, whether your office, home, or ashram. The fundamental idea is that it emphasizes self-awareness and the inner self. There are three types of yoga: savasana (resting period), asanas (yoga postures), and pranayama (breathing exercises). Regular yoga practice has been shown to enhance blood circulation, boost mindfulness, improve digestion and metabolism, and promote mental calm in addition to aiding in weight loss. Whether they are homemakers or career-focused, women are always overburdened with obligations. It would have seemed impossible if they hadn't been multitasking

on so many levels. They are constantly preoccupied with some aspect of life. This is when yoga is a godsend. Women can relax and behave more elegantly and effectively by practicing basic breathing techniques. It harmonizes the soul and body. Yoga has so many advantages that it is recommended to treat it as a daily task rather than a recreational activity.




Dr Soumya C

(Convener)


Dr. H Ramakrishna

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