

NOTIFICATION

Date: 30 July 2015

This is to notify that the college management has decided to constitute **Student counseling committee – Parivarthana** following persons are here by nominated as the members.

NAME	DESIGNATION	ROLE	DEPT
Dr. Aswatha kumar	Principal	Chairman	Principal
Rekha S.N.	Associate Professor	Convener	E&EE
Gayathri R.	Assistant Professor	Member	IS&E
Bindu M.G.	Assistant Professor	Member	MATHS
Prathibha P.	Assistant Professor	Member	E&CE
Shilpa V.	Assistant Professor	Member	E&CE

OBJECTIVE:

Now a days, it is common that the students are in tremendous stress to perform better, because of this students may be disillusioned. Hence the committee is formed to counsel such students.

ROLES AND RESPONSIBILITIES


- The committee should be in constant touch with the Proctors and arrange the consultants.
- The committee should inform opinion of the consultant to the Proctors who in turn should inform to the Parents/Guardians.
- Meeting shall be conducted at least twice in a semester and report should be submitted to the Principal and IQAC.

Wishing all the best

Copy to

1. All members
2. Office of IQAC


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STUDENTS COUNSELING COMMITTEE (PARIVARTHANA)

Date: 19/08/2015

Standard Operating Procedure (SOP)


Formation of the Committee:

The committee will be consisting of minimum six members from the various departments who are at the faculty level. Professor/Associate Professor level faculty will act as Convener of the Committee. Principal will be the Chairman of the Committee. The Committee will be constituted by the Principal at the beginning of each academic year and function for that academic year.

Functioning of the Committee:

1. The committee identifies few trained faculties of SCE as student counselors.
2. The Students can approach the Committee in following ways.
 - a. Through Proctors
 - b. Suggestion Boxes kept in the Campus.
 - c. Through e-mail written to Principal/Proctor/HODs/Class Teachers.
3. If the Mentor/Proctor/Class Teacher/Faculty handling the Subjects feels that the student needs counseling, they can refer it to the committee
4. Soon after receiving the Complaint/Problem, the Committee approaches the Counselors and arranges the Counseling in the Counseling Room at Academic Block.
5. If needed the Counselors refer the students for more detailed checkups.
6. The Parents will be informed through the proctors
7. The identity of the Students undergoing treatment will be kept confidential.

At the end of each semester, a detailed report will be prepared and submitted to IQAC

Convener 


Principal

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Students Counseling Committee - Parivarthana

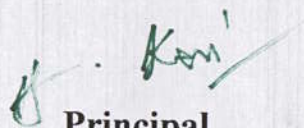
Strategic Perspective Plan for Year 2015-16

Sl. No.	Chronology	Plan	Description	Strategy	Funds/Budget	Remarks
1	Aug 19 2015	To Identify Counselors	Identify and assign faculties as student counselors to counsel the needy students	To conduct a meeting to identify Counselors and to plan the number of events for the year 2015-16	Refreshment for committee members.	
2	Sept 22, 2015	To organize an event	To creat awareness among the student community, it is planned to arrange a talk on "Alcoholic abuse" by Dr.Varsha, Professor, department of psychiatry, Sapthagiri Institute of medical sciences and Research centre, Bangalore.	To address the I year students	Refreshment for resource person	
3	Nov 4, 2015	To conduct an event	To create awareness among the Student Community essay writing on "The influence of mobile on students" will be arranged.	An event is organized by SCC for I Year students	Refreshments for participants	
4	March 5, 2016	To conduct an event	To create awareness among the Student Community it is planned to arrange pick and speak event.	An event is organized by SCC for I Year students	Refreshments for participants	



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5	April 23, 2016	To arrange a talk	To create positive relationships with others a talk on "psychology of well being " will be arranged by Dr.Sharanabasappa , SIMS and RC Bangalore.	To address the I year students	Refreshment for resource person	
6	May 27, 2016	Final report	To prepare final report of the Students Counseling Committee and submit to IQAC	To prepare a report on number of students counselled during this year and to suggest the improvisation required for the coming year	Refreshment for committee members.	


Convener


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Student counselling committee

“Privarthana” arranged

A talk on “Alcoholic abuse”

2015-2016 (ODD SEM)

The Student Counselling Committee had organized a talk on **“Alcoholic abuse”** on 22/09/2015 by Dr. Varsha , Professor, department of psychiatry, Sapthagiri Institute of medical sciences and Research centre, Bangalore in seminar hall, Faraday block.

On this occasion Prof. Rekha S.N., Convener, Student counselling committee addressed the students about the program.

Alcoholic abuse or substance abuse has become a social evil and it is sad that the most affected community in the society is the student community. The resource person enlightened the students by creating the awareness among the students of our college about Alcoholic abuse. Around 70 I year students from all the departments were benefitted from this event.

Few glimpses of Program:



Dr. Varsha delivering talk on Alcoholic abuse.


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Audience for the talk

Convener 


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Student counselling committee

“Parivarthana” Presents

2015-2016 (ODD SEM)

Conduction of Essay writing Program on “The influence of mobile phone on students”

The Student counselling Committee had organized Essay writing Program on “The influence of mobile phone on students” on 04-11-2015

The “essay writing” event was successfully organised by Sapthagiri College of engineering, in association with student counselling committee on 04-11-2015 in Room ALIB 205, Academic Block. 15 students participated in the event, from all the department.

The convener of student counselling committee Prof. Rekha S.N., Dept. of EEE presided the event. In the event, students are proposed to write an essay on “The influence of mobile phone on students” for an hour.

Today's world is a world of technology and inventions, and there are many tools which essentially facilitate our life. Mobile phones play an important role in the development of human civilization, but their excessive use brings severe problems. To reduce their harmful effects, one should always remember that mobile phone is a friend, not a master, and it should never be used too much. The event was an attempt that mobile phones will bring more negative than positive effect for students. Negative effects caused to a student with excessive use of mobile phones like Lack of concentration, Stress, Low grades, Lack of vision, increases anxiety etc.

Few glimpse of the event:



Students writing essay on “The influence of mobile phone on students”



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Convener 

Student Counselling committee

“Parivarthana” organises

Pick and Speak event

2015-2016(EVEN SEM)

Conduction of Pick and Speak event for the 1st year students of Sapthagiri college of Engineering.

The Student Counselling Committee had organized **Pick and Speak event** on 05-03-2016.

The “pick and speak” event was successfully organised by Sapthagiri College of engineering, in association with Student Counselling committee on 05/03/2016 in seminar hall Faraday block. 20 students participated in the event, from the all the department.

The convener of Student counselling committee Prof. Rekha S.N. presided the event.

In the event, students had to select a topic from a selection of to present a three minute presentation on the same without any preparation. The event lasted for about one hour, with the students for the topics like best childhood memory, about me, Study strategies, My best friend, The dangers of drugs, The dangers of smoking, The dangers of alcohol etc.,

The event was an attempt to instill a sense of spontaneity in the students, and helps them overcome their Inhibitions about public speaking.

Few glimpses of the event:




Students Participating in Pick & Speak event


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Students Participating in Pick & Speak event

Convenor 


Principal
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Student counselling committee

“Parivarthana” arranged

A talk on “Psychology of well being”

2015-2016 (EVEN SEM)

The Student Counselling Committee had organized a talk on **“Psychology of well being”** on 23-04-2016 by Dr. Sharanabasappa, Psychiatrist, Sapthagiri Institute of Medical Sciences and Research Centre in ALH 306, Academic Block.

On this occasion Prof. Rekha S.N., Convener, Student counselling committee addressed the students about the program.

Psychological well-being, refer to positive mental states, such as happiness or satisfaction. The speaker inspirational talk consists of how to create positive relationships with others, purpose and meaning in life, and personal growth and development Positive psychology, happiness, personal well being, wellbeing at work, positivity, strengths, resilience, flourishing, mental health . Around 75 I year students from all the departments were benefitted from this event.

Few glimpses of Program:



Dr. Sharanabasappa delivering talk on Psychology of well being



Audience for the event


Convener


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ANNUAL REPORT (2015-16)

“Parivarthana”

Student counseling committee

Student counseling committee-Parivarthana formed under the Chairmanship of Principal, Strategic plan is prepared on 19/08/2015.

As per the strategic plan the following members are identified as student counselors.

Name	Department
Prof. Sowmya C	Biotechnology.
Prof. Latha A.	Computer Science & Engineering
Prof. Sudha.M.S.	Electronics & Communication Engineering
Prof. Eekha S.N.	Electricals & Electronics Engineering
Prof. Padmanabha G.	Mechanical Engineering

Event 1: Talk on "Alcoholic abuse" by Dr. Varsha, Professor, department of psychiatry, Sapthagiri Institute of medical sciences and Research centre Bangalore.

The Student Counselling Committee had organized a talk on "Alcoholic abuse" on 22-09-2015 by Dr. Dr. Varsha ,Professor, Department of Psychiatry, Sapthagiri Institute of medical sciences and Research centre, Bangalore in seminar hall, Faraday block, SCE Campus.. The resource person enlightened the students by creating the awareness among the students of our college about Alcoholic abuse. Around 75 first year students from all the departments were benefitted from this event.

Few glimpses of Program:



Dr. Varsha delivering talk on Alcoholic abuse.


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Audience for the event

Event 2: Essay writing on "The influence of mobile on students".

The "Essay writing "event was successfully organized by Sapthagiri College of engineering, in association with student counseling committee on 04th November 2015 in ALIB 205. 15 students participated in the event, from all the department. The convener of student counseling committee Prof. Rekha S.N, Dept. of EEE presided the event. In the event, students are proposed to write an essay on "The influence of mobile phone on students" for an hour.

Few glimpse of the event:



Event 3: Pick and speak event.

The "pick and speak "event was successfully organized by Sapthagiri College of engineering, in association with Student Counseling committee on 05/03/2016 in seminar hall ,Faraday block, SCE. 20 students participated in the event from all the department. The convener of Student counseling committee Prof. Rekha S.N. presided the event. The event lasted for about one hour with the students for the topics


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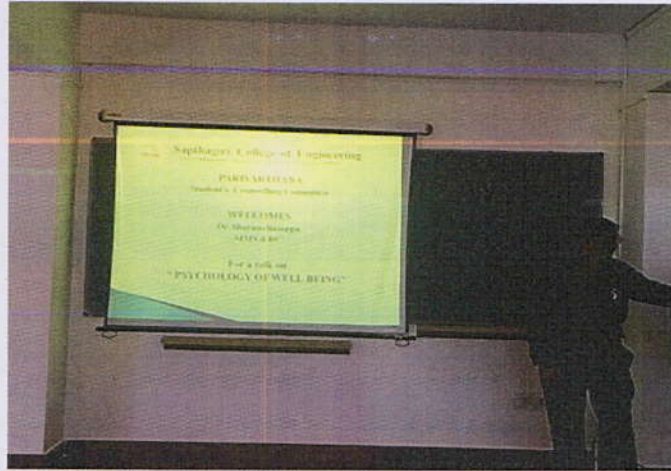
like best childhood memory, about me, Study strategies, My best friend, The dangers of drugs, The dangers of smoking, The dangers of alcohol etc, The event was an attempt to instill a sense of spontaneity in the students, and helps them overcome their Inhibitions about public speaking.



Students participating in pick and speak event

Event 4: A talk on "Psychology of well being," by Dr. Sharanabasappa SIMS and RC Bangalore .
The Student Counseling Committee had organized a talk on "Psychology of well being" on 23-04-2016 by Dr. Shararabasappa SIMS and RC , Bangalore, in ALH306 Academic block. On this occasion Prof. Rekha S.N., Convener , Student counseling committee addressed the students about the program. Around 70 first year students from all the departments were benefitted from this event.


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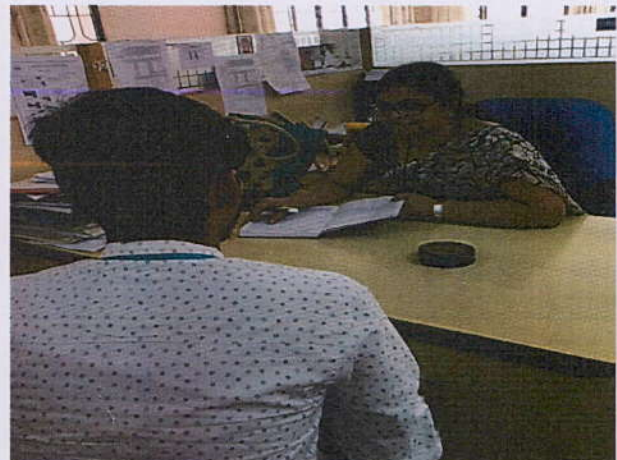


Dr. Sharanabasappa delivering talk on Psychology of well being



Audience for the event

14 students were counseled during 2015-16 based on the proctor's feedback. Students were satisfied. We are proud to say that we strictly adhere to the strategic perspective plan of 2015-16.



Faculty counseling students

Convener

Principal

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
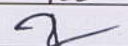

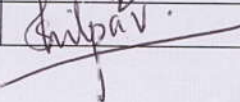
STUDENT COUNSELING COMMITTEE

PARIVARTHANA

MEETING NOTICE

Date: 18th August 2015

This is to inform that a meeting of Student counseling committee -Parivarthana, Sapthagiri College of Engineering has been called on 19th August 2015 Wednesday at Principal's office to discuss about the following agenda at 3.00 PM

NAME	DESIGNATION	ROLE	SIGNATURE
Rekha S.N.	Associate Professor	Convener	
Gayathri R.	Assistant Professor	Member	
Bindu M.G.	Assistant Professor	Member	
Prathibha P.	Assistant Professor	Member	
Shilpa V.	Assistant Professor	Member	


Agenda

1. Approval of strategic plan & SOP.
2. To finalize the student counselors.
3. To discuss about the conduction of events for the semester.
4. Miscellaneous subject with the permission of the Chairperson

Convener 

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



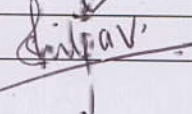
STUDENT COUNSELING COMMITTEE

PARIVARTHANA

MINUTES OF THE MEETING

Date: 19th August 2015

Today on 19th August 2015 Wednesday from 3.00PM onwards a meeting of STUDENT COUNSELING COMMITTEE - PARIVARTHANA held at the Principal's Office to discuss the following agenda in presence of the following members.

NAME	DESIGNATION	ROLE	SIGNATURE
Rekha S.N.	Associate Professor	Convener	
Gayathri R.	Assistant Professor	Member	
Bindu M.G.	Assistant Professor	Member	
Prathibha P.	Assistant Professor	Member	
Shilpa V.	Assistant Professor	Member	

The following resolutions were made

Agenda 1: To prepare SOP & strategic plan for the academic year 2015-16.

Resolution: After a thorough discussion with the principal and student counseling committee members, final strategic plan & SOP of the committee is prepared.

Agenda 2: To finalize the student counselors.

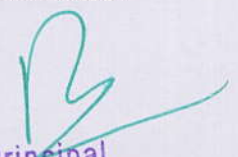
Resolution: The following faculties from Sapthagiri College of engineering are identified as student Counselors to Counsel the needy students.

Name	Department
Prof. Sowmya C	Biotechnology.
Prof. Latha A.	Computer Science & Engineering
Prof. Sudha.M.S.	Electronics & Communication Engineering
Prof. Rekha S.N.	Electricals & Electronics Engineering
Prof. Padmanabha G.	Mechanical Engineering

Agenda 3. To discuss about the conduction of events for the semester.

Resolution: The following events are planned to conduct

1. A talk on "Prevention of Alcoholic abuse"


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2. Essay writing on “The influence of mobile on students”

Agenda 4. Miscellaneous subject with the permission of the Chairperson

Resolution: To introduce suggestion box at many places in the college campus so that the students can express themselves by writing their thoughts on a virtual wall.

The meeting was concluded with the vote of thanks by the convener

Convener

Principal

Principal

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STUDENT COUNSELLING COMMITTEE - PARIVARTIANA ACTION TAKEN REPORT FOR THE YEAR 2015-16

Sl. No.	Event/Activity Proposed in SPP		Action Taken		Remarks
	Date	Title	Date	Brief of the event	
1	Sept 22, 2015	Talk on "Alcoholic abuse"	Sept 22, 2015	Dr.Varsha ,SIMS addressed around 70 students on Alcoholic abuse in seminar hall, Faraday block.	Conducted successfully
2	Nov 4, 2015	Essay writing on "The influence of mobile on students"	Nov 4, 2015	The "Essay writing" event was successfully organised by student counselling committee on 04- 11- 2015 in Room ALIB 205,Academic Block. 15 students participated in the event, from all the department	Conducted successfully
3	March 5, 2016	Pick and speak event	March 5, 2016	The "pick and speak "event was successfully organised by Student Counselling committee on 05/03/2016 in seminar hall ,Faraday block. 20 students participated in the event, from the all the department.	Conducted successfully
4	April 23, 2016	Talk on "Psychology of well being "	April 23, 2016	Dr.Sharanabasappa ,SIMS addressed around 75 students on "psychology of well being "in ALH 306, Academic Block.	Conducted successfully

Convener

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