

STUDENTS COUNSELING COMMITTEE (PARIVARTHANA)

Date 08 – 07 – 2016

Standard Operating Procedure (SOP)

Formation of the Committee:

The committee will be consisting of minimum six members from the various departments who are at the faculty level. Professor/Associate Professor level faculty will act as Convener of the Committee. Principal will be the Chairman of the Committee. The Committee will be constituted by the Principal at the beginning of each academic year and function for that academic year.

Functioning of the Committee:

1. The committee identifies one male and one female counselors from Sapthagiri Institute of Medical Science & Research Centre, Bangalore.
2. The Students can approach the Committee in following ways.
 - a. Through Proctors
 - b. Suggestion Boxes kept in the Campus.
 - c. Through e-mail written to Principal/Proctor/HODs/Class Teachers
3. If the Mentor/Proctor/Class Teacher/Faculty handling the Subjects feels that the student needs counseling, they can refer it to the committee
4. Soon after receiving the Complaint/Problem, the Committee approaches the Counselors and arranges the Counseling in the Counseling Room at Academic Block.
5. If needed the Counselors refer the students for more detailed checkups.
6. The Parents will be informed through the proctors
7. The identity of the Students undergoing treatment will be kept confidential.

At the end of each semester, a detailed report will be prepared and submitted to IQAC


Principal
Sapthagiri College of Engineering
Chikkasandra, Hesaraghatta Road
Bangalore-560 057



Sapthagiri College of Engineering

(Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi)

#14/5, Chikkasandra, Hesaraghatta Main Road, Bengaluru - 560057

"PARIVARTHANA"

Student Counseling Committee

ACTION TAKEN REPORT FOR THE YEAR 2016-2017

Sl. No	Event/Activity Proposed in SPP		Action Taken		Remarks
	Date	Title	Date	Brief of the event	
1	Sept 09 2016	To conduct Essay writing on "Influence of Corporate Life on Indian Culture"	Sept 09 2016	Corporate Life is having both Positive and Negative impact	Conducted successfully
2	Oct 09 2016	To create awareness among the student community, it is planned to conduct an event "Coping up with Exam Stress"	Oct 09 2016	The Student Counselling Committee had organized a talk on " Coping up with Exam Stress " on 09-10-2016 by Dr. Sudhir Hebbar, Rajarajeshwari Medical College, Bangalore in seminar hall, Faraday block, SCE Campus.. The resource person enlightened the students by creating awareness among the students of our college about Exam Stress. Around 30 students from all the departments were benefited from this event.	Conducted successfully
3	Jan 03 2017	To organize Training Program for Counselors	Jan 03 2017	The purpose of this Event was to enhance the Counselling Methods so that Students get benefited.	Conducted successfully
4	Mar 13 2017	To Conduct Pick and Speak event on : "Alcoholic Abuse" for Students.	Mar 13 2017	The event was an attempt to instill a sense of spontaneity in students, and helps them overcome their Inhibitions about public speaking	Conducted successfully
5	April 04 2017	To conduct a talk on "Meditation for Vibrant Health"	April 04 2017	The Talk on "Meditation for Vibrant Health" event was successfully organized by Sapthagiri College of Engineering, in association with Student Counseling Committee in April 4 th 2017 in the college premises. 60 students participated in the event, from all the departments. Presented by Dr. J S S Allwin Ebinesar, NIIT Calicut.	Conducted successfully


Convener


Principal

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Chikkasandra, Hesaraghatta Road,
Bangalore-560057


Principal
Principal

Sapthagiri College of Engineering
Chikkasandra, Hesaraghatta Road,

EVENT-1 REPORT (2016-17) “PARIVARTHANA” Student Counseling Committee

Event 1: Essay writing on “Influence of Corporate Life on Indian Culture”

As per the strategic plan, on 22nd September 2016 Essay writing Program was conducted for fresher's. Corporate Life is having both Positive and Negative impact on People working in Corporate and IT Sectors. The purpose of conducting this Event is to balance the Indian Culture and Corporate Life. Around 60 students were present.

Few glimpses of Program:



Fig 1: Essay writing Program

R. S. S.
Convener

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Event - 1

STUDENT COUNCELLING COMMITTEE

ATTENDANCE SHEET

DATE: 22/9/2016

DAY: Friday.

The following students were present for the Essay writing on Influence of Corporate life on Indian Culture.
Event.

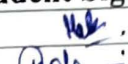

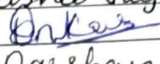

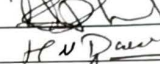
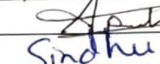
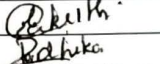

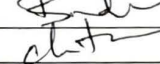
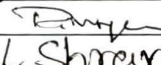
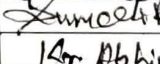
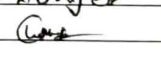
Sl. No.	Student USN	Student Name	Student Signature
1	ISG16CS042	JEEVAN-B.K	Jeevan-B.K
2	ISG16CS036	Harshitha.P	Harshitha.P
3	ISG16ECD19	CHANDANA V	Chandana.V
4	ISG16EE103	VARNA SHETTY	Varna
5		SURIYA RASHMI	S. Surya Rashmi
6	ISG16CS106	Suditha K.M	Suditha K.M
7	ISG16EC104	SINIDHU.C	Sinidhu C.
8	ISG16CS071	PRAJWAL-S.V.	Prajwal S.V.
9	ISG16ES107	SINIDHU.V.S	Sinidhu V.S
10	ISG16IS073	PUSHPAVATHI.H.S	Pushpavathi H.S
11	ISG16IS082	RUPAM PAUL	Rupam Paul
12	ISG16I6046	MAYANK KUMAR VERMA	Mayank K.
13	ISG16IS002	ABHISIT KUMAR	Abhisit K.
14	ISG16TS042	M KUMAR SAURAV	Saurav
15	ISG16TS060	Nishant Kumar	Nishant Kumar
16	ISG16TS010	ANKIT SINHA	Ankit Sinha
17	ISG16CS063	Ajitha Suresh C	Ajitha Suresh C
18	ISG16EC119	YASANTHA M	Yasantham M
19	ISG16EC109	SOURMYA GURURAJ	Sourmya
20	ISG16EC007	Bindu.B.S	Bindu B.S
21	ISG16EC118	Usha.Y.G	Usha Y.G
22	ISG16EC066	NIKITHA.G	G. Nikitha
23	ISG16EC070	Pavithra.R	Pavithra R.
24	ISG16BT007	CHARISHMA	Charishma
25	ISG16BT006	Chaitra.M	Chaitra M.
26	ISG16BT011	HEMA.H	Hema
27	ISG16BT015	LAKSHITHA W.N	Lakshitha
28	ISG16BT014	JEEVITHA.D	Jeevitha D.
29	ISG16CS087	Ribanshu Kesheri	Ribanshu Kesheri

Principal

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Sl. No.	Student USN	Student Name	Student Signature
30	ISG16IS047	Md. Akram Kazmi	
31	ISG16IS001	Aadi Mya Aman	
32	ISG16CS022	CHAITANYA ANAND	CMA
33	ISG16IS079	RISHEE RAJ	Rishree Raj
34	ISG16IS062	OMKAR, R	
35	ISG16CS026	DARSHAN P	Darshan
36	ISG16IS088	SAKSHAM BALLYAN	Saksham
37	ISG16IS014	ARJUN C.S	Arjun
38	ISG16CS040	JAYANTH G	Jayanth G
39	ISG16ME080	Pilshah Shetty	
40	ISG16IS129	Abhishek Halls	
41	ISG16CV017	H.N. DARSHAN	H.N. Darshan
42	ISG16CS088	ROHAN BIBAPPA.A.C	
43	ISG16CS104	SINDHU R.V	Sindhu R.V
44	ISG16CS035	HARISHA N	Harisha N
45	ISG16CS072	PRAKASHI Singh	
46	ISG16CS077	RADHIKA SINGHLAL	Radhika
47	ISG16CS099	SHASHANK SHEKHAR	Shashank
48	ISG16CS124	Vashi Sitlagae	Vashi
49	ISG16CS075	Puneeth Kumar	Puneeth Kumar
50	ISG16CS105	SOUJITA GHOSH	Soujita Ghosh
51	ISG16CS024	Chathureya K	
52	ISG16CS021	Bindushree GL	
53	ISG16CS025	Chitra G	Chitra
54	ISG16CS030	Divya	
55	ISG16CS102	V. Shrivani	V. Shrivani
56	ISG16CS100	Shilpa Shree M.C	Shilpa Shree M.C
57	ISG16CS108	Sumichi Rani	
58	ISG16CS098	Kumar Abhijeet	Kumar Abhijeet
59	ISG16CS024	Chathureya K	


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EVENT-2 REPORT (2016-17) “PARIVARTHANA” Student Counseling Committee

Event 2: Talk on "Coping up with Exam Stress" by Dr. Sudhir Hebbar, Rajarajeshwari Medical College Bangalore.

The Student Counselling Committee had organized a talk on "Coping up with Exam Stress" on 09-10-2016 by Dr. Sudhir Hebbar, Rajarajeshwari Medical College, Bangalore in seminar hall, Faraday block, SCE Campus.. The resource person enlightened the students by creating awareness among the students of our college about Exam Stress. Around 30 students from all the departments were benefited from this event.

Few glimpses of Program:

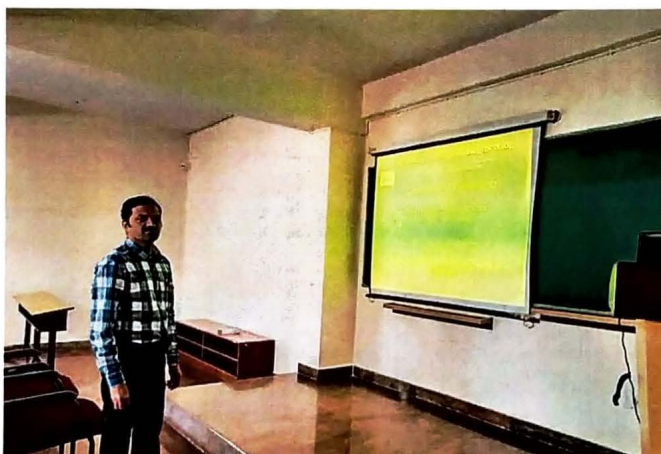


Fig 2: Talk on Coping up with Exam Stress

Phy
Convener

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STUDENT COUNCELLING COMMITTEE

ATTENDANCE SHEET

DATE: 9/10/2016

DAY: Monday.

The following students were present for the Coping up with Exam Stress Event.

Sl. No.	Student USN	Student Name	Student Signature
1	ISG16DS084	S. Swriya Rashmi	S. Swriya Rashmi
2	ISG16CS106	Shruthi K.M	Shruthi K.M
3	ISG16EC066	NIKITHA. G	G. Nikitha
4	ISG16EC017	Bindu. B.S	Bindu. B.S.
5	ISG16IS073	PUSHPAVATHI. M.S.	Pushpavathi M.S.
6	ISG16EC118	Usha. Y. G	Usha. Y. G
7	ISG16IS066	PRABHAT PUNDIR	Prabhat P.
8	ISG16IS002	ABHIJIT KUMAR	Abhishek K.
9	ISG16EC019	CHANADANA V	Chandana V
10	ISG16IS010	ANKIT SINHA	Ankit S.
11	ISG16CS063	Nikhil Gonda C	Nikhil G.
12	ISG16EC119	VASANTHA M	Vasanth M.
13	ISG16EC104	SINDHU. C	Sindhu C
14	ISG16EC109	SOUMYA GURURAT	Soumya G.
15	ISG16IS046	MAYANK KUMAR VERMA	Mayank K.
16	ISG16IS060	NISHANT KUMAR	Nishant K.
17	ISG16IS042	M KUMAR SAURAV	Saurav M.
18	ISG16IS107	SINDHU. V.S	Sindhu V.S.
19	ISG16CS071	Pranav S.V	Pranav S.V.
20	ISG16CS063	Nikhil Gonda C	Nikhil G.
21	ISG16EC122	Yashodhare K	Yashodhare K.
22	ISG16BT014	JEGVITHA D	Jegvitha D.
23	ISG16BT007	CHARISHMA C	Charishma C.
24	ISG16BT012	Hema. J.N	Hema J.N.
25	ISG16BT006	Chaitra. M	Chaitra M.
26	ISG16ME080	Rishabh B Shetty	Rishabh B.
27	ISG16IS129	Abhishek K	Abhishek K.
28	ISG16CS075	Puneeth. Kumar	Puneeth Kumar

Principal

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EVENT-3 REPORT (2016-17)

“PARIVARTHANA”

Student Counseling Committee

Event 3: Training Program for all above mentioned Counselors

As per the strategic plan, on 3rd January 2017 Training program was conducted for counselors for the year of 2016-17. The purpose of this Event was to enhance the Counselling Methods so that Students get benefited.

Few glimpses of Program:



Fig 3: Training Program


Convenor

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PARIVARTHANA-STUDENT COUNSELLING COMMITTEE

"Workshop on Student Counselling Skills "

List of participants

Date: 03/01/2017

Sl. No.	Name of faculty	Department	Session 1	Session 2	Session 3	Session 4
1.	Prof. Sangeetha K. Siri	ECE	SUS	SUS	SUS	SUS
2.	Prof. Sudha M.S.	ECE	SUS	SUS	SUS	SUS
3.	Prof. Suma V. Shetty	ECE	Suma v Shetty	Suma v Shetty	Suma v Shetty	Suma v Shetty
4.	Prof. Rekha S.N.	EEE	R	R	R	R
5.	Prof. Yousuf Madar R.	EEE	Y	Y	Y	Y
6.	Prof. Latha A.	CSE	L	L	L	L
7.	Prof. Gayathri R.	ISE	G	G	G	G
8.	Prof. Ramya	ISE	R	R	R	R
9.	Prof. Sowmya C.	BT	S	S	S	S
10.	Prof. Prashanth Kumar H.P	BT	P	P	P	P
11.	Prof. Roopa K.P.	Chemistry	R	R	R	R
12.	Prof. Anusuya A.M.	Chemistry	A	A	A	A
13.	Prof. Shashikala B.S.	Physics	S	S	S	S
14.	Prof. Munirathnamma	Maths	Munirathnam	Munirathnam	Munirathnam	Munirathnam
15.	Prof. Padmanabha G.	ME	P	P	P	P
16.	Prof. Divyashree G.	ISE	D	D	D	D
17.	Prof. Nanda M.B.	CSE	N	N	N	N

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#14/5, Chikkasandra, Hesaraghatta Main Road, Bangalore – 560057

Academic Year:2016-17

STUDENT COUNSELLING COMMITTEE-PARIVARTHANA

Workshop on Student Counseling skills

Feedback Form

SL. No	NAME	OPINION	SIGN
1.	Reelha	Excellent.	
2	Suma V Shetty	Excellent	
3	Dr. Sangeetha	Very Good	
4	Sudha M	Very good	
5.	Anusaya A.M	very good & informative to assess ourselves & students.	
6.	Munirathna M.	Very good.	
7	Bindu H.G	Very good	
8	R. RUKMANGADA	Delay in start. very informative.	
9	Soumya C	Very good	
10.	Roopa K.P.	very good.	
11	Gnanendra S	V. Good - Needs more Seminar like this.	
12.	Ram Kumar M	V. Good & informative	
13	padmanabha	Need some more activity like this	
14	PRANOD K.R	Good, but case studies would helped us better.	

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ANNUAL REPORT (2016-17)

“PARIVARTHANA”

Student Counseling Committee

Student Counseling Committee-Parivarthana formed under the Chairmanship of Principal, Strategic plan is prepared on 23/06/2016. As per the strategic plan the following members are identified as student counselors.

Name	Department
Prof. Shobha G.	Biotechnology.
Prof. Latha A.	Computer Science & Engineering
Prof. Suma V. Shetty	Electronics & Communication Engineering
Prof. Yousuf Madar R.	Electricals & Electronics Engineering
Prof. Prerana Chaitra	Information Science & Engineering
Prof. Padmanabha G.	Mechanical Engineering
Prof. Santhosh H C	Mathematics
Prof. Devaraja C	Physics
Prof. Ravichandra	Information Science & Engineering

Event 1: Essay writing on “Influence of Corporate Life on Indian Culture”

As per the strategic plan, on 22nd September 2016 Essay writing Program was conducted for fresher's. Around 60 students were present.

Few glimpses of Program:



Fig 1: Essay writing Program


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Event 2: Talk on "Coping up with Exam Stress" by Dr. Sudhir Hebbar, Rajarajeshwari Medical College Bangalore.

The Student Counselling Committee had organized a talk on "Coping up with Exam Stress" on 09-10-2016 by Dr. Sudhir Hebbar, Rajarajeshwari Medical College, Bangalore in seminar hall, Faraday block, SCE Campus.. The resource person enlightened the students by creating awareness among the students of our college about Exam Stress. Around 30 students from all the departments were benefited from this event.

Few glimpses of Program:

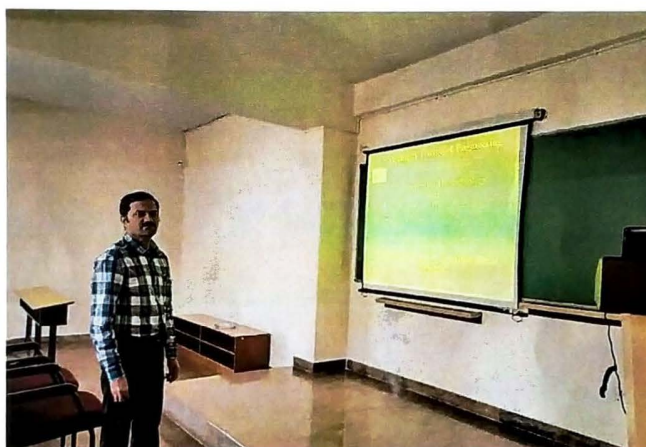


Fig 2: Talk on Coping up with Exam Stress

Event 3: Training Program for all above mentioned Counselors

As per the strategic plan, on 3rd January 2017 Training program was conducted for counselors for the year of 2016-17.

Few glimpses of Program:



Fig 3: Training Program

Event 4: pick and speak event.

The “Pick and Speak “event was successfully organized by Sapthagiri College of engineering, in association with Student Counseling committee on 13/03/2017, in SCE campus. 30 students participated in the event from all the departments. The convener of Student counseling committee Prof. A Latha. Presided the event. The event lasted for about one hour with the students for the topics like Professional ethic, Setting Goals is important, Study strategies , The dangers of drugs, The dangers of smoking, The dangers of alcohol etc, The event was an attempt to instill a sense of spontaneity in students, and helps them overcome their Inhibitions about public speaking

Few glimpse of the event:



Fig 4: Training Program

Event 5: Talk on “Meditation for Vibrant Health”.

The Talk on “Meditation for Vibrant Health "event was successfully organized by Sapthagiri College of engineering, in association with student counseling committee on April 4th 2017 in the college premises. 60 students participated in the event, from all the departments. Presented by Dr. J S S Allwin Ebinesar, NIIT Calicut.


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Few glimpse of the event:



Fig 5: Talk on Meditation for Vibrant Health

Counseling Data: 15 students were counseled during 2016-17 based on the proctor's feedback and students were satisfied.



Fig 6: Counseling

We are proud to say that we strictly adhere to the strategic perspective plan of 2016-17.

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Convener

STUDENT COUNSELING COMMITTEE

MEETING NOTICE

Date: 14/8/2016

This is to inform that a meeting of Student Counseling Committee, Sapthagiri College of Engineering has been called on 18/8/2016, Thursday at Principal's office to discuss the following agenda

Sl.No	Name of the Faculty	Designation	Role	Department
1	Dr.Aswatha Kumar M	Principal	Coordinator	
2	Gayathri R	Assistant Professor	Convener	ISE
3	Prof. Bhavya	Assistant Professor	Member	MAT
4	Prof.Prathibha P	Assistant Professor	Member	ECE
5	Prof.Shilpa V	Assistant Professor	Member	ECE
6	Prof.Anuradha Badage	Assistant Professor	Member	CSE
7	Prof.Kavitha G	Assistant Professor	Member	CSE

Agenda

Agenda 1: Discussion regarding Conduction of Essay writing on “ Influence of Corporate Life on Indian Culture” event on 22/9/2016.

Agenda 2: Discussion on Conduction of an Invited Talk on “Coping up with Exam Stress”, by Dr.Sudhir Hebbar, Rajarajeshwari Medical College Bangalore on 9/10/2016.

Agenda 3: Any other related matters.


Convener

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Principal



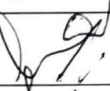
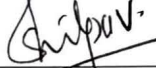



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Bangalore - 560 057

MINUTES OF THE MEETING

Date: 18/8/2016

Today on 18/8/2016, Thursday from 1.00 pm onwards a meeting of Student Counseling Committee held at the Principal's Office to discuss the following agenda in presence of the following members.

Sl.No.	Name of the Faculty	Designation	Role	Department	Signature
1	Dr.Aswatha Kumar M	Principal	Coordinator		
2	Gayathri R	Assistant Professor	Convener	ISE	
3	Prof. Bhavya	Assistant Professor	Member	MAT	
4	Prof.Prathibha P	Assistant Professor	Member	ECE	
5	Prof.Shilpa V	Assistant Professor	Member	ECE	
6	Prof.Anuradha Badage	Assistant Professor	Member	CSE	
7	Prof.Kavitha G	Assistant Professor	Member	CSE	

Agenda

Principal gave opening remarks to the members. The following resolutions were made

Agenda 1: Discussion regarding Conduction of Essay writing on “Influence of Corporate Life on Indian Culture” event on 22/9/2016.

Resolution: The committee hoping for the positive responses from the students.

Agenda 2: Discussion on Conduction of an Invited Talk on “Coping up with Exam Stress”, by Dr.Sudhir Hebbar, Rajarajeshwari Medical College Bangalore on 9/10/2016.

Resolution: The committee hoping for the positive responses from the students.

The meeting was concluded with the vote of thanks by the convener


Convener


Principal

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