



Sapthagiri College of Engineering

(Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi)
#14/5, Chikkasandra, Hesaraghatta Main Road, Bengaluru - 560057

Phone : 080-28372800/1/2

www.sapthagiri.edu.in

Fax: 080-28372797

STUDENTS COUNSELING COMMITTEE

NOTIFICATION

Date: July 2017

This is to notify that the college management has decided to constitute

STUDENTS COUNSELING COMMITTEE

Following persons are hereby nominated as the members of STUDENTS COUNSELING COMMITTEE

Sl No	Name	Designation	Role	Dept
1	Dr. Shivabasappa K L	Principal	Chairman	Principal
2	Prashanth Kumar H P	Asst.Prof.	Convener	BT
3.	Rekha S N	Associate Prof	Member	EEE
3	Shilpa V	Asst. Prof.	Member	ECE
4	Anuradha Badage	Asst. Prof.	Member	CSE
5	Gayathri R	Asst. Prof.	Member	ISE
6	Harshitha. M.R.	Asst. Prof.	Member	EEE
7	Prathibha P	Asst. Prof.	Member	ECE
8	Kavitha G	Asst. Prof.	Member	CSE
9	Nandini B J	Asst. Prof.	Member	MAT

Objective:

Now a days it is common that the students are in tremendous stress to perform better hence many students may be stressed because of this and may be disillusioned. Hence the committee is formed to address such students and give to identify the stressed students and counsel them.


Roles & Responsibilities

- The committee should be in constant touch with the Proctors and arrange the consultants
- The Committee should inform opinion of the consultant to the Proctors who in turn should inform to the Parents/Guardians
- Meeting shall be conducted at least twice in a semester and report should be submitted to the Principal & IQAC

Wishing all the best,

Copy to

1. All members
2. Office of IQAC


Principal
Sapthagiri College of Engineering
Chikkasandra, Hesaraghatta Road,
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Students Counseling Committee - Parivarthana

Strategic Perspective Plan for Year 2017-18

Sl. No.	Chronology	Plan	Description	Strategy	Funds/Budget	Remarks
1	11-Jul-17	To identify Counselors	To identify the Counsellors from SIMS & RC	To conduct a meeting to request Principal to write a letter to SIMS&RC to identify Counsellors and to plan the number of events for the year 2017-18	Refreshments	
2	21-Aug-17	To conduct an event	To create awareness among the Student Community Pick and Speak event will be organized	The topic for the event will be notified one week before the event	Refreshments for the students and members	
3	22-Sep-17	To organize an event	To create awareness among the student community, it is planned to conduct an event "Yoga for Stress Management"	The resource person will be decided later	Refreshments for the Guest	
4	11-Dec-17	Odd Semester Report	To prepare odd semester Report	To prepare a report on no students counselled during this semester		
5	12-Mar-18	To conduct an event	To create awareness among the Student Community Theme of Collage : "Ragging is Crime"	An event is organized by SCC for II Year students	Refreshments for participants	

6	10-Apr-18	To arrange a talk	To make the students to know about the "Mobile Game Addiction" a talk by Dr. Sudhir Hebbar, SIMS & RC will be arranged	To address the I year students	Refreshment for resource person &	
7	28-May-18	Final report	To prepare final report of the Students Counseling Committee and submit to IQAC	To prepare a report on no students counselled during this year and to suggest the improvisation required for the coming year		


Convener


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Student Counselling committee

“Parivarthana” organises

**Pick and Speak event
2017-2018(ODD SEM)**

Following are the details of conduction of Pick and Speak event with the 1st year students of Sapthagiri college of engineering

The Student Counselling Committee had organized **Pick and Speak event** on on 21/08/2017 .

The “pick and speak “event was successfully organised by Sapthagiri College of engineering, in association with Student Counselling committee on 21/08/2017 in Academic block. 18 students participated in the event, from the all the department.

The convener of Student counselling committee Prof. Prashanth Kumar H P. presided the event.

In the event, students had to select a topic from a selection of to present a three minute presentation on the same without any preparation. The event lasted for about one hour, with the students for the topics like best childhood memory, about me, Study strategies , My best friend, The dangers of drugs, The dangers of smoking, The dangers of alcohol ,Game Addiction etc.,

The event was an attempt to instill a sense of spontaneity in the students, and helps them overcome their Inhibitions about public speaking.

Few glimpses of the event:

photo



Student counselling committee

“Privarthana” arranged

A talk on “Yoga and Stress Management”

2017-2018 (ODD SEM)

The Student Counselling Committee had organized a talk on on Yoga and Stress Management 22-09-2017 by Dr. Sharanabasappa, Psychiatrist, Sapthagiri Institute of Medical Sciences and Research Centre in seminar hall, Faraday block.

On this occasion Prof. Prashanth Kumar H P convener , Student counselling committee addressed the students about the program.

The state of the mind and that of the body are intimately related. If the mind is relaxed, the muscles in the body will also be relaxed. Stress produces a state of physical and mental tension. Yoga, developed thousands of years ago, is recognized as a form of mind-body medicine. In yoga, physical postures and breathing exercises improve muscle strength, flexibility, blood circulation and oxygen uptake as well as hormone function. In addition, the relaxation induced by meditation helps to stabilize the autonomic nervous system with a tendency towards parasympathetic dominance. Around 200 I year students from all the departments were benefitted from this event.

Few glimpses of Program:



Student counselling committee

“Parivarthana” organizes

Collage “Ragging is Crime”

2017-2018(EVEN SEM)

Following are the details of conduction of Pick and Speak event with the 1st year students of Sapthagiri College of engineering

The Collage” Ragging is crime” event was successfully organized by Sapthagiri College of engineering, in association with Student Counseling committee on 12/3/2018 in seminar hall ,Faraday block, SCE. 20 students participated in the event from all the department.

The convener of Student counselling committee Prof. Prashanth Kumar H P. presided the event.

The event was an attempt to instill a sense of spontaneity in the students, and helps them overcome their Inhibitions about presentation.

Few glimpses of the event:





A stylized, handwritten signature in green ink, consisting of a large 'R' followed by a horizontal line.

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ANNUAL REPORT (2017-18)

“Parivarthana”

Student counseling committee

Student counseling committee-Parivarthana formed under the Chairmanship of Principal, Strategic plan is prepared on 19/08/2015.

As per the strategic plan the following members are identified as student counselors.

Name	Department
Prof. Shobha G.	Biotechnology.
Prof. Latha A.	Computer Science & Engineering
Prof. Suma V. Shetty	Electronics & Communication Engineering
Prof. Yousuf Madar R.	Electricals & Electronics Engineering
Prof. Prerana Chaitra	Information Science & Engineering
Prof. Padmanabha G.	Mechanical Engineering
Prof. Santhosh H C	Mathematics
Prof. Devaraja C	Physics
Prof. Ravichandra	Information Science & Engineering

Event 1: Pick and speak event.

The “pick and speak” event was successfully organized by Sapthagiri College of Engineering, in association with Student Counseling committee on 21st Aug 2017 in Faraday block SCE. 18 students participated in the event from all the department. The convener of Student counseling committee Prof. Rekha S.N. presided the event.. The event lasted for about one hour with the students for the topics like best childhood memory, about me, Study strategies, My best friend, The dangers of drugs, The dangers of smoking, The dangers of alcohol etc, The event was an attempt to instill a sense of spontaneity in the students, and helps them overcome their Inhibitions about public speaking.

Sapthagiri College of Engineering

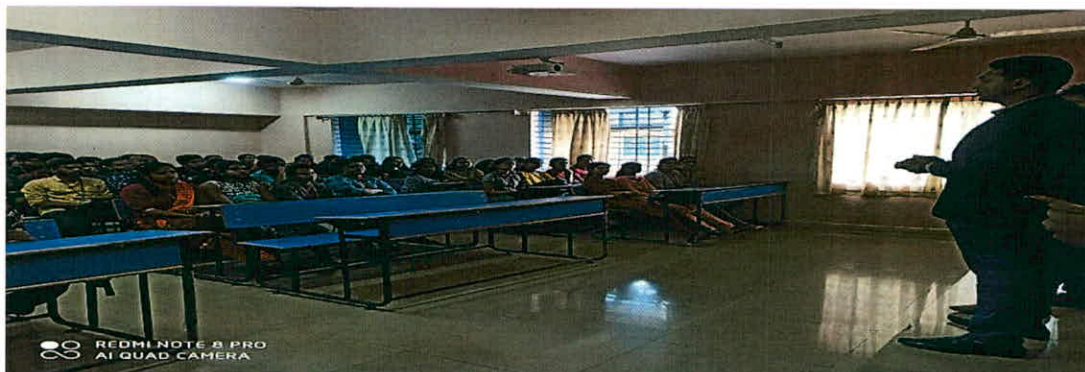
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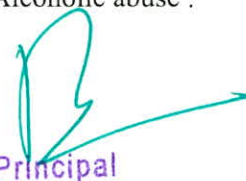
Event 2: Talk on "Yoga and Stress Management" by Dr. Sharanabasappa , Professor, department of psychiatry, Sapthagiri Institute of medical sciences and Research centre Bangalore .

The Student Counselling Committee had organized a talk on "Yoga and Stress Management" on 22-09-2017 by Dr. Sharanabasappa , Professor, department of psychiatry, Sapthagiri Institute of medical sciences and Research centre, Bangalore in seminar hall, Faraday block, SCE Campus.. The resource person enlightened the students to manage the stress in day to today life. And how to over come from the stress by implicating the yoga. Around 40 first year students from all the departments were benefitted from this event.

Few glimpses of Program:



Dr. Sharanabasappa delivering talk on Alcoholic abuse .



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Audience for the event

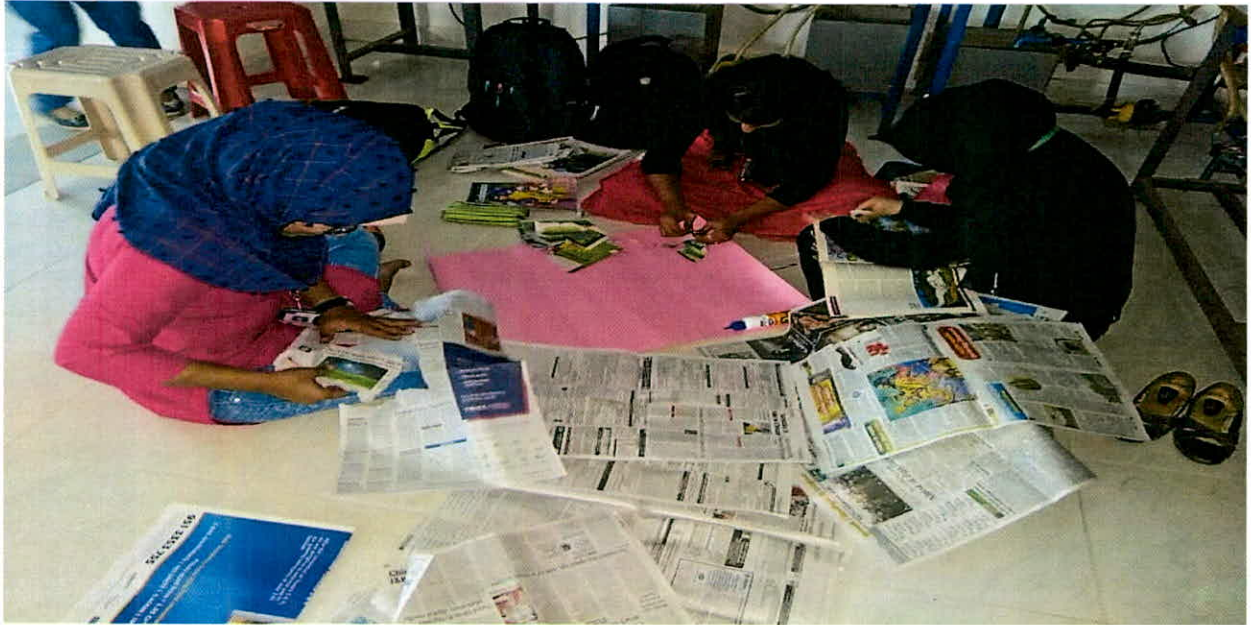
Event 3: Collage "Ragging is Crime".

The Collage "Ragging is crime" event was successfully organized by Sapthagiri College of engineering, in association with Student Counseling committee on 12/3/2018 in seminar hall, Faraday block, SCE. 20 students participated in the event from all the department. The convener of Student counselling committee Prof. Prashanth Kumar H P. presided the event.



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Students participating in Collage event

Event 4: : Talk on " Mobile Game Addiction " by Dr. Sudhir Hebbar, Professor, department of psychiatry, Sapthagiri Institute of medical sciences and Research centre Bangalore .

The Student Counselling Committee had organized a talk on "Mobile Game Addiction" on 21-04-2018 by Dr. Sudhir Hebbar SIMS and RC , Bangalore, in Faraday Block in seminar hall. On this occasion Prof. Prashanth Kumar H P., Convener , Student counseling committee addressed the students about the program. Around 30 first year students from all the departments were benefitted from this event.



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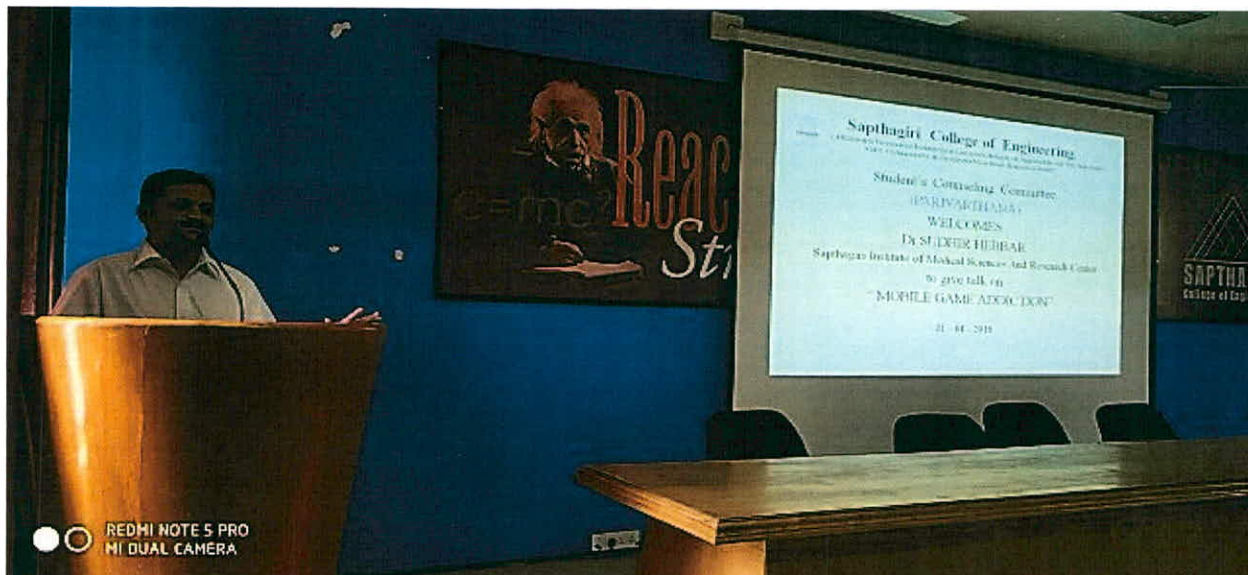
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Dr. Sudhir Hebbar delivering talk on Psychology of well being



Audience for the event



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8 students were counseled during 2017-18 based on the proctors feedback and students were satisfied. we are proud to say that we strictly adhere to the strategic perspective plan of 2017-18.



Faculty counseling students



Convener



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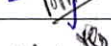





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STUDENT COUNSELING COMMITTEE

MEETING NOTICE

Date: 7 July 2017

This is to inform that a meeting of student counseling committee, Sapthagiri College of Engineering has been called on 11 July 2017, Tuesday at 3:00 PM in Principal's office to discuss about the following agenda

SI No	Name	Designation	Role	Signature
1	Prashanth Kumar H P	Asst.Prof.	Convener	
2	Rekha S N	Assoicate Prof	Member	
3	Shilpa V	Asst. Prof.	Member	
4	Anuradha Badage	Asst. Prof.	Member	
5	Gayathri R	Asst. Prof.	Member	
6	Harshitha. M.R.	Asst. Prof.	Member	
7	Prathibha P	Asst. Prof.	Member	
8	Kavitha G	Asst. Prof.	Member	
9	Nandini B J	Asst. Prof.	Member	

Agenda

1. To discuss about the strategic plan
2. To identify the student counselors
3. Miscellaneous subject with the permission of the Chairperson.



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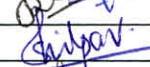


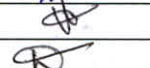
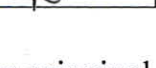
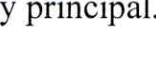

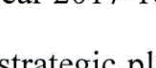
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STUDENT COUNSELING COMMITTEE

MINUTES OF THE MEETING

Date:11/7/2017

Today on 11 July 2017, Thursday from 3:00 PM onwards a meeting of **STUDENT COUNSELING COMMITTEE** held at the Principal's Office to discuss the following agenda in presence of the following members.

SI No	Name	Designation	Role	Signature
1	Pranshanth kumar H P	Asst.Prof.	Convener	
2	Rekha S N	Assoicate Prof	Member	
3	Shilpa V	Asst. Prof.	Member	
4	Anuradha Badage	Asst. Prof.	Member	
5	Gayathri R	Asst. Prof.	Member	
6	Harshitha. M.R.	Asst. Prof.	Member	
7	Prathibha P	Asst. Prof.	Member	
8	Kavitha G	Asst. Prof.	Member	
9	Nandini B J	Asst. Prof.	Member	

Meeting started with welcome speech and introductory speech by principal.
The following resolutions were made

Agenda 1:To discuss about the strategic plan for the academic year 2017-18.

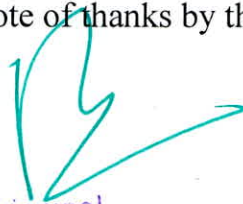
Resolution: Prof. Nandini B J. has been assigned to draft the strategic plan of the committee.


Agenda 2:To Identify the student counselors.

Resolution: It is decided to Identify faculties from SCE and to assign them as student counselors to counsel the needy students for the academic year 2017-18.

The meeting was concluded with the vote of thanks by the convener


Convener


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