Date: 06-01-2016

From,
Principal
Sapthagiri College of Engineering
Bangalore -560057

To,
The Yoga Teacher,
Sapthagiri College of Engineering
Bangalore -560057

Sir,

Sub: To conduct Yoga and Meditation training course for the students of SCE

With reference to the above subject, I would like to bring to your kind notice that there is a requirement for Yoga & Meditation course to be conducted for the students of Sapthagiri College of Engineering, Bangalore from 12-01-2016 to 29-01-2016. So it is therefore informed to conduct the classes for the same.

Thanking you,

Yours Sincerely,

Principal

Sapthagiri College of Engineering Chikkasandra, Hesaraghatta Road Bangelore-560 057



(Affiliated to VTU, Belagavi and Approved by AICTE, New Delhi)

Date: 08-01-2016

CIRCULAR

CONDUCTION OF YOGA AND IVEDITATION CLASSES

Copy to: IQAC

It is hereby informed that Mr. Yogaraja N, Yoga teacher will be conducting yoga and meditation classes for the benefit of our students. Yoga sessions will be conducted during the dates mentioned below. All the students and staff of SCE can avail the benefit by attending the yoga training course to attain equanimity.

Yoga Dates:	12-01-2016 to 29-01-2016		
Timings	7:00 am to 9:00 am		

Principal

Sapthagiri College of Engineering Chikkasandra, Hesaraghatta Road Bangalore- 560 057



Certification Program on

Yoga and Meditation

From 12thJan 2016 TO 29thJun 2016

Organized by



Sapthagiri College of Engineering

#14/5, Chikkasandra, Hesaraghatta Main Road, Bengaluru 560057

Phone: 080-28372800/01/02/03

Principal
Sapthagiri College of Engineering
Chikkasandra, Hesaraghatta Road
Bangalore- 560 057

About the College

Sapthagiri Group of Institutions is the creation of Sri Srinivasa Educational & Charitable trust, Bengaluru. Sapthagiri College of Engineering is the brainchild of honorable Sri Giriyappa, Founder Chairman and Sri. G. Dayanand, Chairman of Sri Srinivasa Educational & Charitable trust. Sri G.D. Manoj is the Executive Director of SCE. SCE began its glorious journey in the year 2001. It is approved and accredited by AICTE, New Delhi and is affiliated to VTU Belagavi, Karanataka. The campus of Sapthagiri College of Engineering is spread across 6.5 acres of lush green land with beautiful landscape. The area enjoys pleasant atmosphere throughout the year.

Vision

To be a best institution imparting quality engineering education to deal with community needs through learning and performance.

Mission

- To implement path breaking student centric education methods.
- To augment talent, nurture teamwork to transform to develop individual as responsible citizen.
- To educate the students and faculties about entrepreneurship to meet vibrant requirements of the society.
- Strengthen Industry
- Institute Interaction for knowledge sharing

About Yoga and Meditation:

- Yoga is a holistic and mindful practice that includes physical movements (asana), breathing (pranayama), meditation (dhyana) and relaxation (savasana).
- Integrative and holistic mind-body practices such as yoga and mindfulness meditation have become increasingly popular and beneficial as well when it comes to psychological and physical health issues

About the Certification Program:

Its objectives are

- To learn various yoga postures and asanas.
- To obtain knowledge on meditation and its practice.

Course Schedule

Week	Day	Timings
1	12-01-2016 to 17-01-2016	
2	19-01-2016 to 24-01-2016	7:00 am to 9:00 am
3	27-01-2016 to 29-01-2016	

Resource Persons:

Mr. Yogaraja N Yoga Teacher SCE, Bengaluru

Venue

Yoga Center and Gymnasium Sapthagiri College of Engineering, Bangalore-560057



(Affiliated to VTU, Belagavi and Approved by AICTE, New Delhi)

YOGA AND MEDITATION SCHEDULE

AY:2015-16

Timings: 7:00 am to 9:00 am

CIRC: 08-01-2016

	08-01-2016		
SL	Week	Day	Session Topic
No.		D 4	Latina by Vana train on an Burnasa and narenactives
1		Day-1	Induction by Yoga trainer on Purpose and perspectives
		12-01-2016	
2		Day-2	Food and D gestion
		13-01-2016	
3		Day-3	Meditation-Meditation Postures
		14-01-2016	
4	Week -1	Day-4	Meditation - Omkara for mental relaxation
		15-01-2016	
5		Day-5	Simple exercises
		16-01-2016	
6		Day-6	Relaxation Techniques
		17-01-2016	
7		Day-1	Pranayama and Breathing Exercises
		19-01-2016	
8		Day-2	Pranayama and Breathing Exercises
		20-01-2016	
9		Day-3	Sun Salutation (Surya Namaskara)
	Week -2	21-01-2016	
10	VVEEK -2	Day-4	Sun Salutation (Surya Namaskara)
		22-01-2016	
11		Day-5	Yoga asanas Level-1
		23-01-2016	
12		Day-6	Yoga asanas Level-2
		24-01-2016	
13		Day-1	Concentration techniques
		27-01-2016	
14) Marala 2	Day-2	Yoga Practice and Interaction with Students
	Week-3	28-01-2016	
15		Day-3	Yoga Practice and Interaction with Students
		29-01-2016	

Principal Sapthagiri College of Engineering Chikkasandra, Hesaraghatta Road Bangalore-560057



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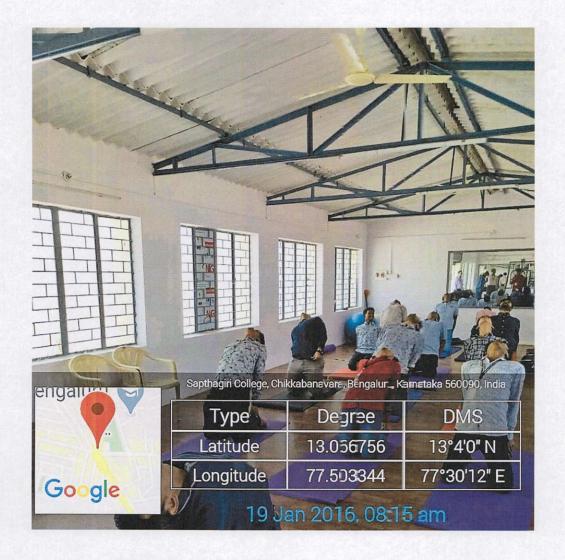
AY: 2015-16

REPORT ON YOGA AND MEDITATION COURSE

Yoga and meditation course for all the students and staff was conducted for the academic year 2015-16 during the vacation period from morning 7:00 am to 9:00 am in the yoga center and gymnasium hall of Sapthagiri College of Engineering, Bangalore. Yoga was conducted by the yoga teacher, Mr. Yogaraja N from 12-01-2016 to 29-01-2016. Yoga is a group of Physical, mental, and spiritual practices or deciplines which originated in ancient India. Yoga is one of the six orthodox schools of Hindu philosophical traditions. Yoga is a mind and body practice with a 5,000-year history in ancient Indian philosophy. Various styles of yoga combine physical postures, breathing techniques, and meditation or relaxation. In more recent years, it has become popular as a form of physical exercise based upon poses that promote improved control of the mind and body and enhance well-being. There are several d fferent types of yoga and many disciplines within the practice. The main aim of the College of Sapthagiri College of Engineering apart from providing education is to inculcate good culture and health to the students and the supporting staff by providing holistic education. Physical and mental health of an incividual is very much essential for the wellbeing of the citizen of our country. Healthy mind and healthy body lead to the good work and peace. For the development of physical and mental good health of the students and other beneficiaries, the yoga and meditation classes was conducted as a course for which certificates was issued later on after the completion. Students of SCE participated in the yoga practice sessions with great enthusiasm. They learnt so many asanas and breathing exercises which will inculcate spiritual, mental harmony within the individual. There will be health problems in an individual like stress, obesity and other eating disorcers which can be eliminated by regular practice of Yoga. By yoga an individual learns discipline, concentration, relieve anxiety, and improve the quality of his health and promote health, eating habits. By Incorporating yoga and meditation once can help in enhancing the health, increase strength and flexibility and reduce symptoms of stress, depression and anxiety. Finding the time to practice yoga just a few times per week may be enough to make a noticeable difference when it comes to the health of an individual.

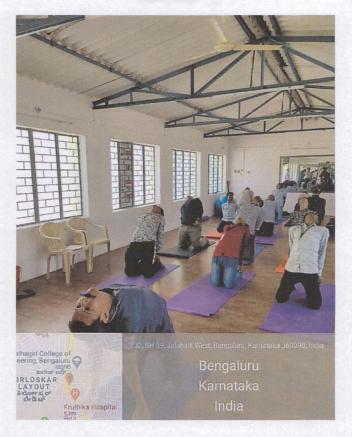
YOGA TEACHER

oaprhagiri Gollege of Engine oring Chikkasandra, Hesaraghatta Road Bangalore- 560 057

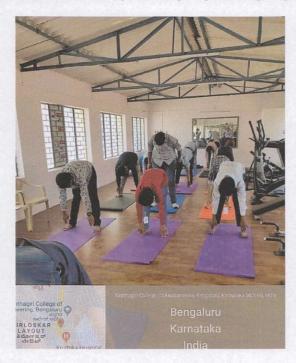


Students of SCE along with yoga teacher at Yoga Center and Gymnasium Hall practicing yoga exercises

Sapthagiri College of Engineering Chikkasandra, Hesaraghatta Road Eangalore- 560 057



Students along with trainer practicing Yoga during Yoga sessions



Students of SCE along with trainer practicing Yoga during Yoga sessions

Principal
Sapthagiri College of Engineering
Chikkasandra, Hesaraghatta Road
Bangalore- 560 057



Students of SCE Practicing Yoga during the Yoga and Meditation Course



Girl students of Sapthagiri College of Engineering Practicing Yoga Exercises.

Principal
Sapthagiri College of Engineering
Chikkasandra, Hesaraghatta Road
Bangalore-560 057



(Affiliated to VTU, Belagavi and Approved by AICTE, New Delhi)

AY: 2015-16

FEEDBACK FORM FOR YOGA AND MEDITATION COURSE

It would be helpful and greatly appreciated if you would respond to the following questions regarding your participation in the Yoga Class.

All replies will be treated as confidential and the information will only be used to improve future classes and make them as enjoyable and beneficial as possible

Have the following met your requirements

Rating is from 1 to 5 (5 for Excellent, 1 for Poor)

1. The content of the Yoga course:	5
2. The Environment and ambience of the Yoga Hall:	[5]
3. Yoga Trainer and practice:	5
4. Were the spoken instructions helpful?	52
5. has this class / course inspired you to continue with your yoga practice?	5
6. Overall rating for the course	5
Any Comments for improvement:	
- July Oled Los Menter	

SIGNATURE OF THE STUDENT

Sapthagiri College of Engineering Chikkasandra, Hesaraghatta Road Bangalore-560 057



(Affiliated to VTU, Belagavi and Approved by AICTE, New Delhi)

AY: 2015-16

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Have the following met your requirements

Rating is from 1 to 5 (5 for Excellent, 1 for Poor)

1. The content of the Yoga course:	5
2. The Environment and ambience of the Yoga Hall:	5
3. Yoga Trainer and practice:	13
4. Were the spoken instructions helpful?	5
5. has this class / course inspired you to continue with your yoga practice?	5
6. Overall rating for the course	14
Any Comments for improvement: Helpful for mind relaxation	
& Body Relaxation.	

SIGNATURE OF THE STUDENT:

Sapthagiri College of Engineering Chikkasancra, Hesaraghatta Road

Bargalore-560 057



(Affiliated to VTU, Belagav and Approved by AICTE, New Delhi)

AY: 2015-16

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All repl es will be treated as confidential and the information will only be used to improve future classes and make them as enjoyable and beneficial as possible

Have the following met your requirements

Rating is from 1 to 5 (5 for Excellent, 1 for Poor)

1. The content of the Yoga course:	5
2. The Environment and ambience of the Yoga Hall:	5
3. Yoga Trainer and practice:	5
4. Were the spoken instructions helpful?	5
5. has this class / course inspired you to continue with your yoga practice?	5
6. Overall rating for the course	5
Any Comments for improvement: Nice program to improve heath	

SIGNATURE OF THE STUDENT: _

Methra

Sapthagiri College of Engineering Chikkasandra, Hesaraghatta Road

Bangalore-560 057



(Affiliated to VTU, Belagavi and Approved by AICTE, New Delhi)

AY: 2015-16

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Have the following met your requirements

Rating is from 1 to 5 (5 for Excellent, 1 for Poor)

1. The content of the Yoga course:	5
2. The Environment and ambience of the Yoga Hall:	5
3. Yoga Trainer and practice:	4
4. Were the spoken instructions helpful?	4
5. has this class / course inspired you to continue with your yoga pract ce?	7
6. Overall rating for the course	E

Any Comments for improvement:

SIGNATURE OF THE STUDENT:

Sapthagiri College of Engineering Chikkasandra, Hesaraghatta Road Bangalore-560 057



(Affiliated to VTU, Belagavi and Approved by AICTE, New Delhi)

AY: 2015-16

FEEDBACK FORM FOR YOGA AND MEDITATION COURSE

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All replies will be treated as confidential and the information will only be used to improve future classes and make them as enjoyable and beneficial as possible

Have the following met your requirements

Rating is from 1 to 5 (5 for Excellent, 1 for Poor)

1. The content of the Yoga course:	5
2. The Environment and ambience of the Yoga Hall:	5
3. Yoga Trainer and practice:	2
1. Were the spoken instructions helpful?	2
5. has this class / course inspired you to continue with your yoga practice?	5
6. Overall rating for the course	ā
Any Comments for improvement:	

SIGNATURE OF THE STUDENT:

Principal

Sapthagiri College of Engineering Chikkasandra, Hesaraghatta Road Bangalore-560 057



ls 2018/16

YOGA AND MEDITATION COURSE

SL	Name	USN	Branch	Signature	
No.	Name	USIN	Dianch	Signature	
	Neha Vijayananda	1591505059	CSE	Dela	
2	Sharat chandra Es	1591505098	CSE	School	
3	Aishwaega · C	1561505006	CSE	Ashuna	
4	Vinaya R	15G15C5124	CSE	Pinayor	
5	Pooja HR	130, 15 C8 068	CSF	Roja	
6	Deerak N	186/16CS404	13E	Deerest	
7	Bharoig Kumaz M.R	1591505014	CS-E	Bheeth	
8	Vasstra MB	15G15cs123	CSE .	No	
9	Ganesh Bhatt	18 9 15 CS 027	CSR	Grant populati	
10	Such na D	1891503113	CSE	Seshino	
11	to bhijeet n. V. Madalgi	159/5CS002	ese	Abhab	
12.	Ankit Gupta	1591505010	CSE	Auto	
13	Nortal els	1584565062		, Al	
14	ABisher Kungy	1501505003	-,-	Petro	
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16.	Karnad Bhat	1561505036	CSE	Karatshat	
17	Suraj Abhishek	15G15C5111	CSE	Surge	
18	Nitesh jaiswal	1861508064	CSE	Witod	
19.	Vinay D.N	15G16CS423	CSE	VinayEN	
20.	Nimrith S. Rai	18G1505061	CSE	Winurite & Ray	
21	Harijarzh A.M	15G16CS407	CSE	MainulerM	
1 22	Sharata c	15G, 16CS416	CSE	Sharatic	
23	· Suraj S. Pancharshari	18G15CS112	CSE	Surai	
24	Rishi Kanar	1561505087	CSE	Pilvkenos	
25	Bhuvanashsee V	15G16 CS 401	CSE	Praw.	
26.	Jagadish	15G15C8032	CSE		
27	Dawan P Sway	ISG15CSO22	CSE	Down Bury	
28	Manul	186,16CS409	CSE	Maril 8(Chinut Kath	
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30.	Nirmaja G	196/15/1960	CAE	Olinai	
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Saptnaçiri College of Engineerin Chikkasandra, Hesaraghatta Road Bangalore- 560 057



YOGA AND MEDITATION COURSE

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SL No.	Name	USN	Branch	Signature
1.	Vedastope D	1841405119	CSE	goda .
2.	New Das	1561408065	CSE	Menhytoan
3.	Socomya K	1891415110	ese -	Sowmyall
4	Chardra bhushan Prallosh	159465129	C8E	CRAINT
1	Wogan Aganisala	186/408066	CSE	Playand
G.	Nanti hat	18G14CS061	CS€	Carithely
7	Huna Raffalt Made	1891405033	CSE	Almarte
8.	Ishwaryatis	15G14CS035	CSE	Tohnang
g.	Bhuvana B	15G14CS020	CS€	Bhurana
10	Aprotra Kalkarini	156146014	CSE	Apoorna
11.	VaiBhavarpta	136,1403118	CSE .	UGusto
12.	Syed Atland Tegi	18914CS117	CSE	SVELANS
13-	Meghana-G.G	18914CS051	CSE	meghana (9
14	Hotenbupta	1891408118	-OSE	Digita
15	Sushma K	1591408115	CSE	Sushmall
16.	Nighita 9-9	1891403070	CSE	Pischitai
17	L'shwarya. 8	186,1403006		Ashupryold
18	Fushpale Jindal	1891408087	cst	Purhpays
13 -	J.S. Kasthik	15 4 1405024		Kartlik
03	Crupal Hitem Shah	1891405041		(Euper)
21	Pavan Kumar.B	15914CS 076		Parodi
22	Jagouti \$	15914cs036	CSF	Jacruti
23	Anchia BoundopindHay	1SG14csol2	CSE	Avanga
24	Firit Kumara	1861405011	CSE	Agnit
25	Sanana M.R	150140509	8 CSE	Zahana
26.	Privarshy.	ISG14CSO8C	CS€	Prijanoh
27	Jayalak Shini G	15G14CS038	ese .	ThreaD:
.28	Nikhi Sinvahaa	ISG14CS068	CSE .	Nikul
29	Akshay G.S.	1891403017	OSE .	Akohay. CG
30-	Mishit Kathore	SGIYCSOFE		thouse the
31	Manash H.N.	1891403053		Janabeth
30 - 31 31-	transhak-k	15914C300 g		Alandrakil
33	Nanthini s.s	139146062	(St)	Methin S.A.
	Pouray Pranash.	139140508	0 C3E	Homoy
35	Jantha M.	1591413037	CSE	7 Jaritha

Principal
Sapthagiri College of Engineering
Chikkasandra, Hesaraghatta Read
Bangalore- 560 057



YOGA AND MEDITATION COURSE



SL No.	Name	USN	Branch	Signature
1.	Santhosh S.V	1591515101	IS .	Satalia
2.	Megha-G	1391515061	ISE	Diagha
3.	Shusham	15G15 ISO7	ISE	Loutethu
14	Radha. G	1891515083	ISE	Pak
4.	Monika A.G.	1861818065	13€	Howka
6.	Chaithra & Kulkami	1591515038	ISE	Chaithea
7.	Bhavana P-J	156 1575034	ISE	Pharava
8.	Shantheshwan Presad Singh	1591513103	ISE	Spaige
9-	Bharathi V. Mugali	1891578037	Ist	Bluetti
10.	Medha.P	186,1593060	ISE	1
11.	Anusha H. Hegde	18G15IS022	IST	Loudia
12	Aligna Ighalth - Modo	1891593049	JSE .	Alina
13.	flashita D	1261573059	Ist .	Harsh
	Bhunika R.H	TSGIST 035	IST	Phurka
14	Aishusana U.	18015 15011	13E	Aishusenyo
16.	Harshavasdhankt	185/5/5047	ise	Harris
17	Samridni Sori	18618 18100	ISE	Saminde
18-	Vaishnau) J	18615 8122	ISE	Dur.
	Roopa M	1361518092	IS€	Rogerd
30.	Anjana S. Heggle	ISGISTSOLY	186	dipnostegda
78.	rerinda A	15615 15123	156	Isrinda
99	Pallavi S	186,1515075	ISE	Pallari
26	Pragathi S. Nayak	1591535076	ISE	anali!
	Aadnya Tha	1861515001	ISE	Dadhye
25	Aadhya Tha Birdushree + B	1891515036	ISE	Bulle
28	Sameer A Shah	18G15 is 098	ISE	Sameer
27	M. Manikantan	1561575402	ISE	Waiteda
28	Ananya S. Rao	19915/5016	ISE	Aranya.
	Akash Anand	150,1515012	ISE	A keabhat Anheta
30	Ankita	1561515018	1SE	Apheta
J-				
			16	
				Principal
			Santhagi	College of Frains
			Sapthagin V	ra, Hesaraghatta Road





YOGA AND MEDITATION COURSE

SL No.	Name	USN	Branch	Signature
1	Pooja 8. Bhatt	ISG15 ECOTS	· ECE	Porja
9.	Meghana As	1SG15ECOS	ECE	Casa
3.	O Kaethik K	1391580045	ECE	Karthik
4.	Paridra	ISGIS FOT3	SE Dear	Parity
5.	Harish · C	186156037	ECE	A P
6.	Sandhya- Y-G	189158093	ECE	Sandlyon
7.	ABHISHEK:K	15G15 ECO0 2	ELE	Abhik,
8.	gaishnavi R Shetly	15615EC12	ECE	Varia.
9.	Shubham Kumar Mishra	186156004	ECE	Shubban
6.	Ashwani Grepta	180,1500016	FCE	1 Aderson
11	Smitha B. Biradan	ISGIS ECTOS	ECE	Micha
12	Anklit Priyans	18915 Eco10	ECE	<u>Aakel</u>
13.	Madhu er	18915 600120	ECE	Abor
14	Varshin P	ISB ISEC113	ECE	Hankie
15	Wiveditra 3	ISGIS EOTI	FCE 33	withde
16.	Varun Kumar-S	15G 16 EC431	ECE	2000
14	Birdu B	ISGISEC021	ECE	Birdu
18	Akhil Singh	1391580007	ECE	Fri Six
19.	Bipul Kuman	18G15EC022	EEE	Signal
20-	Sumithoa S	ISGIEC (22	ECE	
21	Bhanupriya M	15616 F.C406	ECE 333	Bhangeliyan
72	Archana y	156,16 £ £ £ 403	FCE	Arcte
23.	Apoorva GA/	1567, 15 ECDAY	ECE	Apoonia
24	KavyadreeN	1991BEC412	FCE	Jae yershore
25	Pop ja 5	ISG 16 ECYIS	ECE	for
26.	manjunatha B	15G 168C413	ECE	Aponus Jaes yeshows Frage Tryingtists
27	Mohit Sharma	ISGISEC 062	ECE	Mehret
28	Goutham. M	156,15EC 0.36	ECE	Goutann
29	Prashanth Srivastava	156 15EC079	ECE	Donto
30	Keunari Neha	18G15tC052	Ece	tuanalone
31	Harshitha L	156,15 e C 039	ECE	Hambital Shires
32.	Shiva S	ISGIG EC425	ECE	Juras_
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			Y Y	1

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YOGA AND MEDITATION COURSE

SL No.	Name	USN	Branch	Signature
1.	Kumas Rohan	15915MEDLT	M.E	A
2.	Deepu HS	18G15 ME022		Devoll
3.	Dhananaijaya	ISG15 MEO2		Øn-
H.	Kumah PG	13615 ME046		
5.	Galvin Ignatur Menzes	15G15ME03		Grain
5.	Nischith A.G	13G15 EMED 6		Nuschota
1 V V V V V V V V V V V V V V V V V V V	Mithun Rayhunandon	1SG15MEDSS	ME	Klatur Paylent
	5 Flanumantha Keddy	15GISM GODO		famuette Red!
9.	Shashank - H. Prarad	15G15ME091	mechanizal	Sharhap
10-	Anisudha R·K	1SGISME012	mechanical	Anindha
1 1	Prashanth Kumar V.	15G16ME427	mechanical	BINO
10.	AKshay S.R	15G16 MEYDD	Mechanical	Aboy .
P 3	Kishan Sharma	1SG15ME044	Mech	Litron
10	A Kshay. S	15GISME008	Mechanical	Atthor
5	Poorvik's	ISGIGME426		Poorwill
16.	Nagarjun S Takkalaki	15GITM GOSS	ME	A S
17	Gagan M	15G15 ME032	ME	Baga-
18	C. Karthik	ISGISMEDIS	Mechanical	et.
19	Sukeruth C	ISG ISMEDS	Mechanica	Short
20.	Sherath Cog	ISG/EME437	ME	Chamalicy
21	Punith A.N	ISG 16ME429	ME	Punth
\$2.	(Kohith)	15G16ME434	ME	Kelidet
23.	Vinay M	ISGIEME443	ME	wingy
24.	Devaroi Himmath	15G 15ME023	ME	Devurb
25.	Marjunath A Willigal	ISG1BHE417	ME	Warjelley
26.	Madhu DB	1SG16ME415	ME	Machinos
27	Pradeep. B.N	ISGISMEDGE	ME	Pradup
28	Nitheesh Kumark	15915MEOGI	ME	Witch
79	Sridhar A.S	15G16ME440	ME	Swille
			V	
			0	1
			Priday	n (Engineering
			Sapthagiri College o Chikkasandra, Hesar	achatta Road
			Chikkasandra, nesar Bangalore-56	30 057



YOGA AND MEDITATION COURSE

SL Vo.	Name	USN	Branch	Signature
	Maksot	(SG) 15CV026	civil	Har
0	Benota Kuman.s	15G15CV006	Civil	Den
3.	Sushma. L	15G15CU052	civil	Laish
	Sternith A. A	13G15CV053	civil	Luch
4	Anjana Tagadeesh	139150003	cevil.	Anjana
6.	Ramya K.V	196/15CV041	civi	Justa
7	Pockva KiB	ISGNSCV036	Wir/	foorera
8.	Hamsa T.N	15G15CVO18	Cavil	Hamson
9.	Shasath - V	15G/5CV046	civil	20
10-	Nangatha A.V	ISG ISCVOJS	Civil	Janes Janes
11-	Sachin Kumar AK	159150059	civil	Saute
12.	Meghana. A. H	139164406	civil	allage
13.	V. D. Ashownya	1861500055	Civil Engy	Mudain
	B.E Parao Kumar	13315CV005	CiviL	daw
14.		15G15CV404	civil	Languager
16.	Shafe Sultana N	ISG15CYD65	Civil	Siefa
17	Jayalakshmi B. L	18G15CV020	civil	Layaletel
18.	As'am Arion	15G 15CV004	Civil	Aslam
19.	RarghithA	19916CV409	civil	
20	Chetrap Pari	15G15CVOID	Chril	Cart
21	Ramesh K-thal	196/15CV1910	Civil	Ramshus
	Marijin	15GISCV029	Civil	Olamin
23.	Yamini J	156160 414	Civil	Thermia
24	Gangoraju T	13G15CVD14	civil	Gaygorta
25	Rang Lith Gowda V.	ISGISCVOYO	civil	Parest
26	Gowtham - M	15615CV017	civil	Bur
27.	Pallavi :I	15G16CV408	civil	Dalle
28	Visperda Pao S	15815CV056	cton	1 Jacon for
29	Ravikumar k. 3	15616CV411	civil	Savder
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20	Pawan Kumar D	ISGISEED61		Passauls
	Sumanth S	ISGISEE088	EEE	Junatt's
21	Balaji VK	BUSEEONS	EEt	Caley",
22	Spilindarya M	15015 EE 085		Louidarrya
23	Adhiya N	ISGISEEDIY		Attino
25	Ray Jaya	ISCHIEE 072	EEE	Daysaya
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29	HJ Safer Sanding	18GIS FEDSI		Margar
	Adfita Charma	ISG15EO!	EEE	Aprile
30-	Anusha B	ISG15EECO8	BEE	Arusha
31	Karthik B	(SGIKE GOY)		Bart
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34	Meghanas Hulikal	13GISTECSS	, Etc	player
35	Annapuma Singh	ISGISEOUS	EEt	Annapure

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SL No.	Name	USN	Branch	Signature
36.	Supsiya PR	ISG/ISE6089	EEB	Eypiya
34	Raviprakosh +	(S&15 EC076	EET	Haro.
38	D. manish whicher	ISGISETO26	EEE	Mandel
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1.	prinyaba. D	ISENSBT022	BT	Prajako
2-	Soilekha. K	CHINBTO31	87	Svilena
3	TAGANNATHU	ISENS BTELLY	87	Tagamet 0
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5	Revashy. H	W915B7025	87	
6.	Harrytha. s. A	1cg 5 B7012	87	Hours
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Certificate

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of Computer Science & Engineering has participated
and successfully completed Course on "YUGA AND MEDITATION"

from 12-61-2016 to 29-01-2016 organized by Sapthagiri College of
Engineering, Bangalore-57.

Yoga Teacher

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Principal Sapthagiri College of Engineering Chikkasandra, Hesaraghatta Road Bangalore- 560 057



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